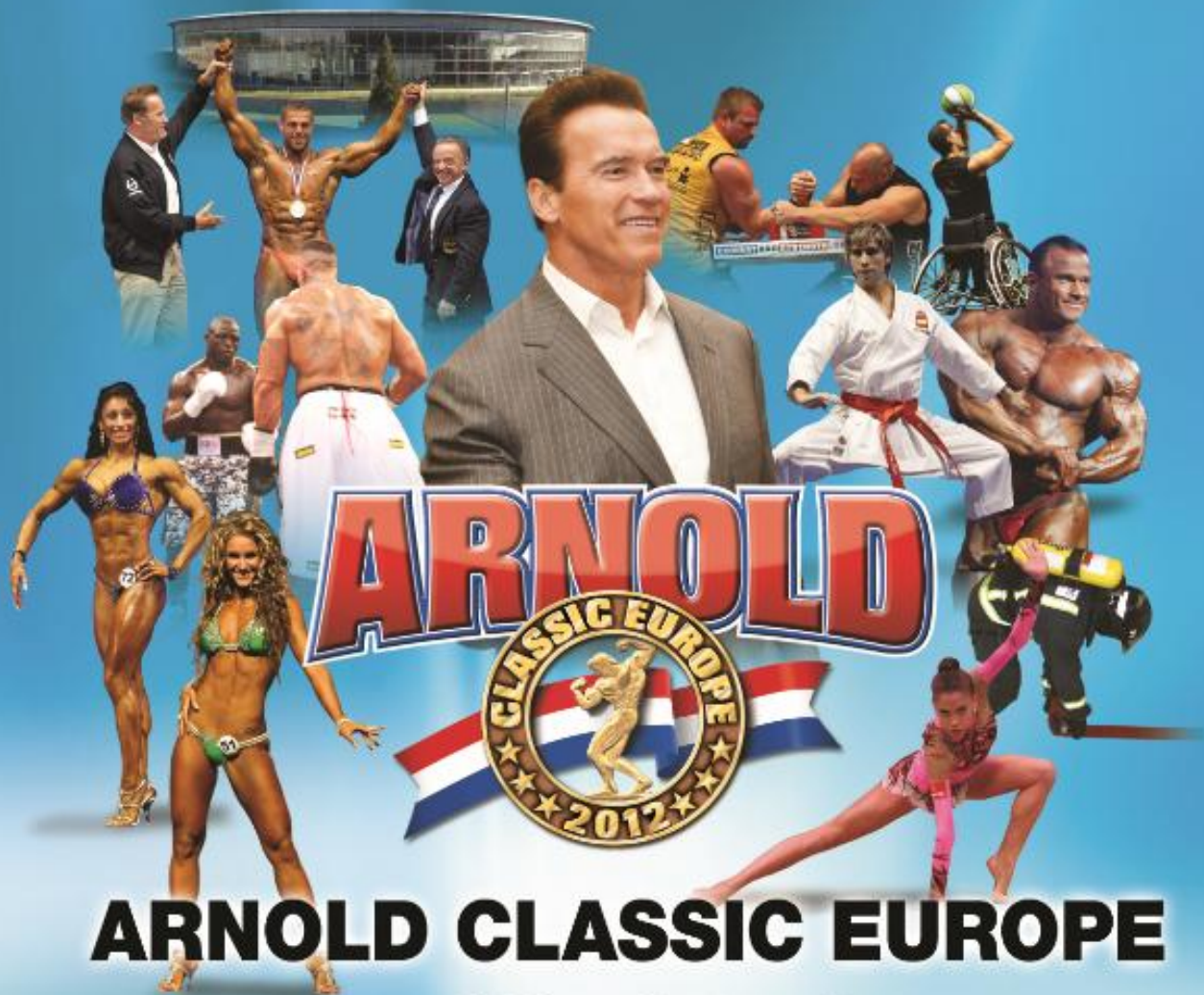


OCTOBER 11-14, 2012

(EXPO: OCTOBER 12-14)



ARNOLD



ARNOLD CLASSIC EUROPE

Madrid, a city to enjoy!

BODYBUILDING PRO & FIGURES PRO EVENTS

Men and Women Bodybuilding ■ Men and Women Fitness ■ Bodyfitness (Figure) ■ Classic Bodybuilding ■ Bikini ■ Master Bodybuilding Men ■ Master Bodyfitness (Figure) ■ Strongman ■ Powerlifting ■ Pole Dance ■ Athletic fitness ■ Armwrestling ■ Karate ■ Judo ■ Kickboxing ■ Boxing ■ Cross ■ Crossfit ■ Gymnastic: Mens and Womens Artistic, Acrobatic and Rhythmic ■ Skate ■ Basketball ■ Football ■ Wrestling ■ Cheerleading ■ Wheelchair Basketball ■ Fire fighters ■ Police and Army ■



For additional information, registration and tickets visit:

www.arnoldclassiceurope.com

Madrid Arena - Palacio De Cristal, Casa De Campo - Madrid, Spain



Arnold Amateur
IFBB International Bodybuilding,
Classic Bodybuilding, Fitness, Bodyfitness &
Bikini Championships
and
Athletic Fitness World Championships



October 11-14, 2012
Madrid, Spain

Inspection Report

Madrid, a city to enjoy!!

WELCOME

Arnold Schwarzenegger, Dr. Rafael Santonja, James L. Lorimer and Bob Lorimer welcome you to the second edition of the Arnold Classic Europe.

ARNOLD CLASSIC EUROPE is a great multisport program that takes place following the best tradition of the original Arnold Weekend concept in Columbus, Ohio (USA).

LOCATION

The Arnold Amateur Europe will be held in the capitol city of Spain, Madrid. A beautiful city with many wonderful museums, impressive buildings, a great history and many other attractions.

An excellent and exciting city for an excellent and exciting event. Visit Madrid City guide at:

http://www.arnoldclassiceurope.es/guia_en.pdf

VENUE

The 2012 Arnold Classic Europe Championships will be held at the venue, **PALACIO DE CRISTAL DE LA CASA DE CAMPO and MADRID ARENA**, Madrid (Spain). This is a bigger and more impressive venue, with 300% more space for booths in the EXPO than the previous year and more sports and visitors.

RECOMMENDED IFBB HOTELS

CELUISMA FLORIDA NORTE HOTEL

Category: 4 stars

Address: Paseo de la Florida, 5

Phone: +34 915 428 300

<http://www.celuisma.com/info-hotel-celuisma-florida-norte>

Reservation form:

<http://www.ifbbevents.com/ACEEurope2012/HOTELFLORIDANORTE-EN.pdf> (English)

<http://www.ifbbevents.com/ACEEurope2012/HOTELFLORIDANORTE-SP.pdf> (Spanish)

Email: rdelcura@hotelfloridanorte.com

Price per person in double room breakfast included: 40€

MERCURE PLAZA DE ESPAÑA HOTEL

Category: 4 stars

Address: Calle de Tutor, 1

Phone: +34 915 419 880

Reservation form:

<http://www.mercure.com/es/hotel-1320-mercure-madrid-plaza-de-espana/index.shtml>

Email: H1320-RE@accor.com

Price per person in double room breakfast included: Around: 54,50€

NH Ribera del Manzanares

Category: 4 stars

Address: Paseo Virgen del Puerto, 57

Phone: +34 913 643 248

Reservation form:

<http://www.nh-hoteles.es/events/es/detalle-evento/14632/todofitness.html>

Email: nhriberadelmanzanas@nh-hotels.com

Price per person in double room breakfast included: Around 64,80€

HOTEL MELIA MADRID PRINCESA

Category: 5 Stars

Address: Calle Princesa, 27

Phone: (+34) 91 541 8200

Reservation form:

<http://www.meliamadridprincesa.com/es/index.html>

Price per person in double room breakfast included: Around: 80,00€

Those are recommended hotels; if you wish to look for other alternatives, you can look into the area “Gran Via”, “Principe Pio” or “Plaza España” as there is a touristic commercial area that has many hotels around.

Please note: All athletes and officials will have to book and reserve their own hotel accommodation. Please reserve your rooms well in advance to avoid disappointment.

IMPORTANT ARRIVAL AND CHECK-IN NOTICES

The official arrival day is Thursday 11th October 2012.

The weigh-in and registration will be conducted on Thursday. IFBB Registration fee of 150 EUROS will have to be paid at the time of weigh-in. We fully recommend you to make advance payment by **paypal** at ifbbevents@hotmail.com for your best comfort and convenience.

Registration will take place at Palacio de Cristal, Casa de Campo, Madrid. You can arrive by subway, stopping at “El Lago” station at 500 meters from the venue, or by the organizer circular buses available with a frequency of 1 hour. Info will be available at the official hotels lobby.

If you are not at the official hotels, but in hotels nearby, you can access to the organizer bus at the official hotels or use the public subway (El LAGO) or city buses (visit: www.arnoldclassiceurope.com for more info)

- **Registration and weigh-in between 10:00 and 8:00pm on Thursday 11th October.**
- **IFBB amateur event starts on Friday 12th October.**
- **Trade show starts on Friday 12th October**
- **Finals for overall Champions, will take place on Sunday, 14th of October.**

More information about running order and other competition details will be forwarded nearer the time.

Please check www.arnoldclassiceurope.com and www.ifbb.com for regular updates.

TANNING NEEDS

For those of you with tanning or makeup needs, contact Jan Tana at

<http://jantana.com/index.php/on-site-airbrush-tanning-service/arnold-classic-october-12-13-madrid-spain.html> to book an appointment. We'll have competitor staff backstage to assist with all competition needs. No spray tanning will be done at the venue, so be sure to book appointments accordingly.

THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.

COMPETITOR NOTIFICATION

Once the entry form from the National Federation has been received and accepted, an official letter will be sent confirming your participation in the 2012 Arnold Amateur IFBB International Bodybuilding, Fitness, Bodyfitness and Bikini Championships. Those athletes who have not met the established requirements, who missed the deadline for registration, or who registered in a division that has already been closed, will also be notified that they will be unable to participate in this competition.

We strongly encourage you to register early and make the appropriate arrangements to compete in Madrid. Hotels will be booked up quickly as this is a very popular event.

GENERAL INFORMATION

The IFBB has added the MEN'S ATHLETIC PHYSIQUE and WOMEN'S PHYSIQUE classes to the programme and athletes participating in these classes will have to be members of the National Federation.

Any Bodybuilding, Fitness, Figure, or Bikini athlete who is qualified and has been recommended by their respective national IFBB affiliates can participate either in Juniors, Seniors or Masters categories. The Arnold Amateur organizing committee reserves the right to decline entry to any athlete who does not meet the requirements.

REGISTRATION AND REGISTRATION FEE

Registration of athletes will only be considered if they are recommended or entered by the National Federation of the athlete and the entry form has been emailed directly to the IFBB General Secretary and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this event rests with the IFBB.

Registration fee for athletes to enter this competition is 150 Euros which will be collected at the time of registration. Payment can also be made through Paypal and we fully recommend you to make advance payment by Paypal at ifbbevents@hotmail.com for your best comfort and convenience

POSING MUSIC

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification. **The use of profane, vulgar and offensive language is strictly prohibited in the posing music.**

IMPORTANT NOTICE TO COMPETITORS

Each athlete participating in the championship will be provided with a competitor wrist band at the weigh-in. This wrist band allows daily admission to the Arnold Fitness EXPO and should not be removed.

IMPORTANT INFORMATION

All the costs for traveling, hotel accommodations, transport from and to the airport and meals are the responsibilities of the national federations or individual athletes. Check with your national federation for more information. List of recommended hotels and contacts are provided on the Inspection Report.

ENTRY FORM CONTACT DETAILS:

All entry forms and correspondence should be addressed to IFBB General Secretary William TIERNEY w.tierney@ifbb-uk.com and IFBB Head Office, Madrid internacional@santonja.com . The deadline date for submitting the entry forms is October 1st, 2012.

PLEASE FORWARD ALL ENTRY FORMS TO:

Please send Entry Form no later than October 1ST, 2012 to:

IFBB General Secretary
William Tierney
Phone: +44 151 9314090
E-mail: w.tierney@ifbb-uk.com

Please Send a copy to:

International Federation of Bodybuilding and Fitness
Dr. Rafael Santonja
IFBB President
Phone: +34 91 535 2819
Fax: +34 91 6361270
E-mail: internacional@santonja.com

IFBB National Federations are informed that participation in to this championship is unlimited. Remember that all athletes will have to produce their IFBB International Card at the registration. Any athlete who has not yet purchase this IFBB International card will have to buy one at registration. IFBB Cards are 30 Euros per year and are mandatory from 2011.

CATEGORIES

Categories open for the Arnold Amateur are as follows:

MEN'S CATEGORIES

MEN'S BODYBUILDING CLASSES

UPTO & INCLUDING 70KG
UPTO & INCLUDING 75KG
UPTO & INCLUDING 80KG
UPTO & INCLUDING 85KG
UPTO & INCLUDING 90KG
UPTO & INCLUDING 100KG
OVER 100KG

MEN'S CLASSIC BODYBUILDING*

See table below

UP TO 175cm
UPTO 180cm
OVER 180cm

MEN'S FITNESS

1 OPEN CATEGORY

JUNIOR MEN BODYBUILDING

1 OPEN CATEGORY

MASTERS MEN 40-49 YEARS

UPTO & INCLUDING 80KG
UPTO & INCLUDING 90KG
OVER 90KG

MASTERS MEN 50-59 YEARS

1 OPEN CATEGORY

MASTERS OVER 60 YEARS

1 OPEN CATEGORY

MEN'S ATHLETIC FITNESS

UPTO & INCLUDING 175cm
OVER 175cm

MEN'SATHLETIC PHYSIQUE

UPTO & INCLUDING 178cm
OVER 178cm

WOMEN'S CATEGORIES

WOMEN'S BODYBUILDING

1 OPEN CATEGORY

WOMEN'S BODYFITNESS

UP TO 158cm
UP TO 163cm
UP TO 168cm
OVER 168cm

WOMEN'S FITNESS

UP TO 163cm
OVER 163cm

WOMEN'S BIKINI

UP TO 163cm
UP TO 168cm
OVER 168cm

JUNIOR WOMEN BODYFITNESS

1 OPEN CATEGORY

MASTERS WOMEN BODYFITNESS

1 OPEN CATEGORY

WOMEN'S ATHLETIC FITNESS

UPTO & INCLUDING 163cm
OVER 163cm

WOMEN'S PHYSIQUE

UPTO & INCLUDING 163cm
OVER 163cm

MAXIMUM WEIGHT LIMIT FOR THE HEIGHTS OF CLASSIC BODYBUILDING:

A:	<i>HEIGHT Up to and incl 168 cm→→→→→→→→→→</i>	<i>MAXIMUM WEIGHT</i>	<i>Height minus 100</i>
	<i>HEIGHT Over 168 cm Up to and incl 171 cm→</i>	<i>MAXIMUM WEIGHT</i>	<i>Height minus 100 + 2 kg</i>
	<i>HEIGHT Over 171 cm Up to and incl 175 cm→</i>	<i>MAXIMUM WEIGHT</i>	<i>Height minus 100 + 4 kg</i>
B.	<i>HEIGHT Over 175 cm Up to and incl 180 cm→</i>	<i>MAXIMUM WEIGHT</i>	<i>Height minus 100 + 6 kg</i>
C.	<i>HEIGHT Over 180 cm Up to and incl 190 cm→</i>	<i>MAXIMUM WEIGHT</i>	<i>Height minus 100 + 8 kg</i>
	<i>HEIGHT Over 190cm Up to and incl 198 cm→</i>	<i>MAXIMUM WEIGHT</i>	<i>Height minus 100 + 9 kg</i>
	<i>HEIGHT Over 198 cm→→→→→→→→→→→→→→→</i>	<i>MAXIMUM WEIGHT</i>	<i>Height minus 100 + 10 kg</i>

TENTATIVE SCHEDULE FOR THE ARNOLD IS ATTACHED BELOW.

TENTATIVE SCHEDULE

THURSDAY 11TH OCTOBER	
10:00pm - 20:00pm	REGISTRATION AND WEIGH-IN OPEN TO ALL CATEGORIES

FRIDAY 12TH OCTOBER (morning)	
	ATHLETES MEETING FOR :
	JUNIOR WOMEN BODYFITNESS
	JUNIOR MEN BODYBUILDING
	MEN'S FITNESS
	WOMEN BIKINI UPTO 163cm
	WOMEN BIKINI UPTO 168cm
	WOMEN BIKINI OVER 168cm
	MASTERS MEN 50 - 59 YEARS
	MASTERS MEN OVER 60 YEARS
	WOMEN BODYBUILDING
	SEMI FINALS AND FINALS FOR:
	JUNIOR WOMEN BODYFITNESS
	JUNIOR MEN BODYBUILDING
	MEN'S FITNESS (SEMI FINALS ONLY)
	WOMEN BIKINI UPTO 163cm
	WOMEN BIKINI UPTO 168cm
	WOMEN BIKINI OVER 168cm
	MASTERS MEN 50 - 59 YEARS
	MASTERS MEN OVER 60 YEARS
	WOMEN BODYBUILDING
FRIDAY 12TH OCTOBER (afternoon)	
	ATHLETES MEETING FOR :
	MEN'S BODYBUILDING UPTO/INCL 70 KG
	MEN'S BODYBUILDING UPTO/INCL 75 KG
	MEN'S BODYBUILDING UPTO/INCL 80 KG
	MEN'S BODYBUILDING UPTO/INCL 85 KG
	MEN'S BODYBUILDING UPTO/INCL 90 KG
	SEMI FINALS AND FINALS FOR:
	MEN'S BODYBUILDING UPTO/INCL 70 KG
	MEN'S BODYBUILDING UPTO/INCL 75 KG
	MEN'S BODYBUILDING UPTO/INCL 80 KG
	MEN'S BODYBUILDING UPTO/INCL 85 KG
	MEN'S BODYBUILDING UPTO/INCL 90 KG

SATURDAY 13th OCTOBER (morning)	
	ATHLETES MEETING FOR :
	WOMEN'S FITNESS UPTO 163cm
	WOMEN'S FITNESS OVER 163cm
	MEN'S FITNESS (TOP 6)
	MEN'S CLASSIC BODYBUILDING UPTO 175cm
	MEN'S CLASSIC BODYBUILDING UPTO 180cm
	MEN'S CLASSIC BODYBUILDING OVER 180cm
	SEMI FINALS AND FINALS FOR:
	WOMEN'S FITNESS UPTO 163cm (SEMI-FINALS ONLY)
	WOMEN'S FITNESS OVER 163cm (SEMI-FINALS ONLY)
	MEN'S FITNESS (TOP 6)
	MEN'S CLASSIC BODYBUILDING UPTO 175cm
	MEN'S CLASSIC BODYBUILDING UPTO 180cm
	MEN'S CLASSIC BODYBUILDING OVER 180cm

SATURDAY 13th OCTOBER (afternoon)	
	ATHLETES MEETING FOR :
	MASTERS MEN 40-49 YEARS UPTO 80kg
	MASTERS MEN 40-49 YEARS UPTO 90kg
	MASTERS MEN 40-49 YEARS OVER 90kg
	WOMEN'S BODYFITNESS UPTO 158cm
	WOMEN'S BODYFITNESS UPTO 163cm
	WOMEN'S BODYFITNESS UPTO 168cm
	WOMEN'S BODYFITNESS OVER 168cm
	MASTERS WOMEN BODYFITNESS
	SEMI FINALS AND FINALS FOR:
	MASTERS MEN 40-49 YEARS UPTO 80kg
	MASTERS MEN 40-49 YEARS UPTO 90kg
	MASTERS MEN 40-49 YEARS OVER 90kg
	WOMEN'S BODYFITNESS UPTO 158cm
	WOMEN'S BODYFITNESS UPTO 163cm
	WOMEN'S BODYFITNESS UPTO 168cm
	WOMEN'S BODYFITNESS OVER 168cm
	MASTERS WOMEN BODYFITNESS

SUNDAY 14th OCTOBER (morning)	
	ATHLETES MEETING FOR:
	MEN'S BODYBUILDING UPTO 100kg
	MEN'S BODYBUILDING OVER 100kg
	WOMEN'S FITNESS UPTO 163cm (TOP 6)
	WOMEN'S FITNESS OVER 163cm (TOP 6)
	SEMI FINALS AND FINALS FOR:
	MEN'S BODYBUILDING UPTO 100kg
	MEN'S BODYBUILDING OVER 100kg
	FINALS FOR:
	WOMEN'S FITNESS UPTO 163cm (TOP 6)
	WOMEN'S FITNESS OVER 163cm (TOP 6)

ATHLETIC FITNESS	
FRIDAY 12TH	WOMEN UP TO & including 163cm AND MEN UP TO & INCLUDING 175cm
SATURDAY 13TH	WOMEN OVER 163cm AND MEN OVER 175cm
SUNDAY 14TH	WOMEN AND MEN FINALS

MEN'S ATHLETIC PHYSIQUE and WOMEN'S PHYSIQUE	
FRIDAY MORNING	