



JOE WEIDER'S  
**OLYMPIA**  
AMATEUR EUROPE  
PRAGUE 2015



**XEVLS**  
PRAGUE PRO

# INSPECTION REPORT

OCTOBER 2-3, 2015, PRAGUE, CZECH REP.



# JOE WEIDER'S OLYMPIA AMATEUR EUROPE PRAGUE 2015

**OCTOBER 2-3, 2015, PRAGUE, CZECH REP.**



**MEN'S  
BODYBUILDING**

4 weight  
categories



**MEN'S  
PHYSIQUE**

3 height  
categories



**WOMEN'S  
FITNESS**

2 height  
categories



**WOMEN'S  
BODYFITNESS  
(FIGURE)**

3 height  
categories



**WOMEN'S  
BIKINI-FITNESS  
(BIKINI)**

5 height  
categories

**PRO CARD FOR ALL OVERALL WINNERS!!!**

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# WELCOME

## **WELCOME TO THE SECOND EDITION OF THE PRESTIGIOUS OLYMPIA AMATEUR EUROPE IN PRAGUE.**

This year, the Olympia Amateur Europe will be held on the same weekend together with the IFBB Pro League's EVLS Prague Pro, making up for Europe's grandest sporting festival of bodybuilding and fitness in the history of sport. The Olympia Amateur Europe 2015 contest is now the event's 2nd annual after its first edition held last June 2014 also in Prague, with its Bikini category competition in Prague under the same name already back in 2012 and 2013.

For the second time in the history of Olympia Amateur series, this event will be comparable in scope of categories and scale with the professional event of the Olympia Fitness & Performance Weekend (aka Mr. Olympia) hosted every year in Las Vegas, USA.

**All IFBB-registered athletes from entire Europe, Russian Federation and Kazakhstan are eligible to compete in the Olympia Amateur Europe in Prague, Czech Republic.**

Moreover, the FITNESS EXPO complementing the exciting Olympia Amateur Europe will definitely be on during the entire weekend in Tipsport Arena of Prague, i.e. the same venue of the show. Everyone who will attend the contest or simply come to support their favorite athletes, will have an opportunity and option to visit the FITNESS EXPO featuring various sports nutrition, natural performance enhancing supplements, as well as sporting equipment mainly focused on the field of bodybuilding and fitness.

## LOCATION

The Olympia Amateur Europe 2015 will be held in Prague, the capital city of the Czech Republic. Prague, with 1.3 million residents, is often referred to as the „historical pearl of the Europe“ and is one of the most beautiful cities in the world with unique and unforgettable atmosphere.

We are looking forward to seeing you in Prague soon!

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For additional information, registration and tickets, please visit:  
[www.olympiaamateur.com](http://www.olympiaamateur.com)  
[www.shp.cz](http://www.shp.cz)

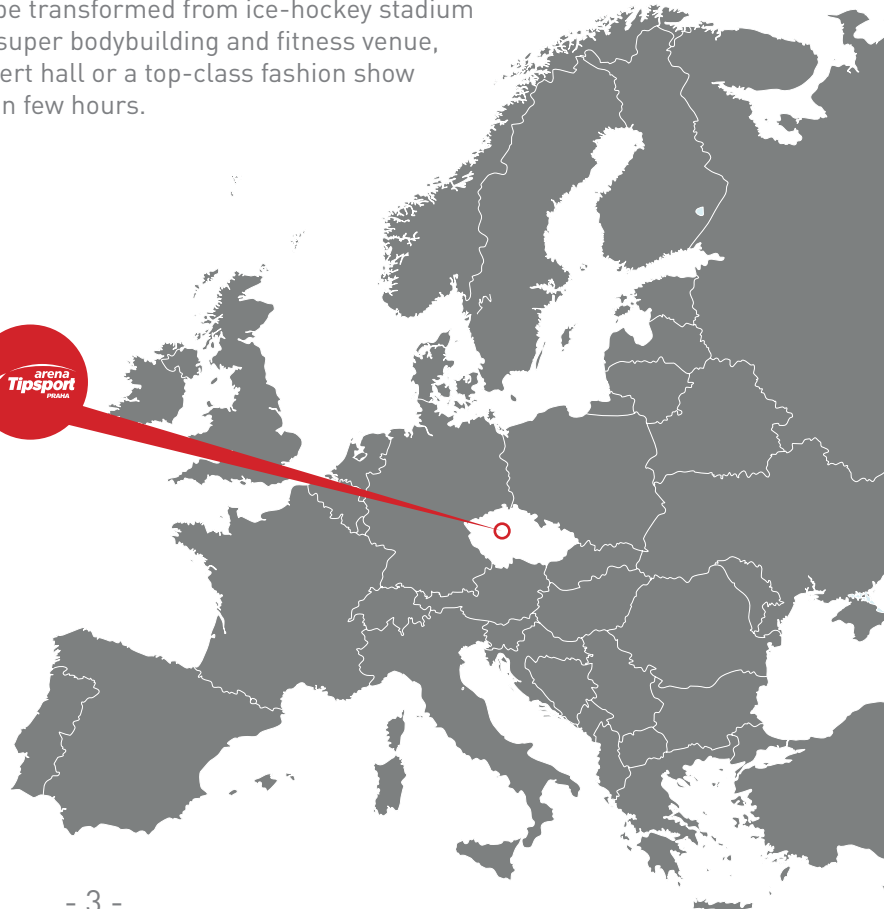
# JOE WEIDER'S OLYMPIA AMATEUR EUROPE PRAGUE 2015

# VENUE



**Prejudging & Finals of the Olympia Amateur Europe 2015 will be held in TIPSPORT Arena of Prague together with EVLS Prague Pro and Fitness Expo 2015.**

TIPSPORT Arena is a multifunctional city arena that can be transformed from ice-hockey stadium to a super bodybuilding and fitness venue, concert hall or a top-class fashion show within few hours.



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For additional information, registration and tickets, please visit:  
[www.olympiamateur.com](http://www.olympiamateur.com)  
[www.shp.cz](http://www.shp.cz)

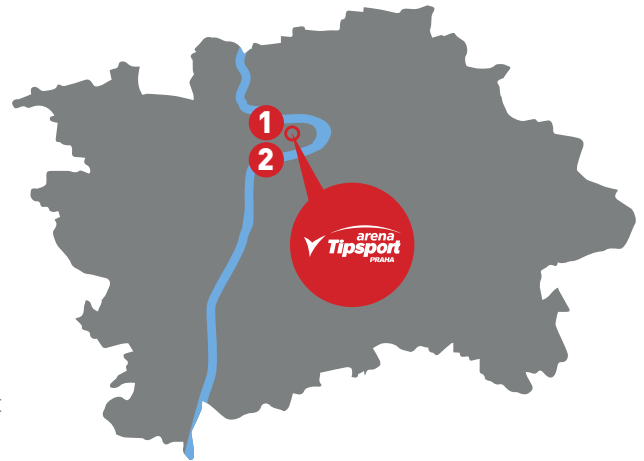


# RECOMMENDED IFBB HOTELS

## ACCOMMODATION WITH LOWEST RATE GUARANTEE!

The promoter's organizing committee took special care to arrange for the best and lowest rates for accommodation in the selected premium hotels walking distance away from the event's venue also to include competitors' specialty breakfast as part of the accommodation package for each participant. This exclusive offer is valid for all athletes as well as their team members and friends.

The capacity is indeed limited, thus please proceed with the reservation through the provided accommodation form available at [www.olympiaamateur.com](http://www.olympiaamateur.com), section Competitors – Accommodation as soon as possible. The special rates cannot be guaranteed after we have run out of the pre-booked capacity in these hotels.



## 1 PARKHOTEL PRAGUE

Category: 4 stars (\*\*\*\*)  
Address: Parkhotel Prague  
Veletržní 20, 170 00 Prague 7

### Price:

Double room, breakfast included: 80 €  
Single room, breakfast included: 70 €

[www.parkhotel-praha.cz](http://www.parkhotel-praha.cz)



## 2 HOTEL BELVEDERE PRAGUE

Category: 4 stars (\*\*\*\*)  
Address: Hotel BELVEDERE PRAGUE  
Milady Horákové 19, 170 00 Prague 7

### Price:

Double room, breakfast included: 80 €  
Single room, breakfast included: 70 €

[www.hotelbelvedereprague.cz](http://www.hotelbelvedereprague.cz)

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# ARRIVALS/ TRANSPORTATION

**Transport from Vaclav Havel International Airport Prague to official hotels in Prague:  
EUR 20.00 PER PERSON FOR A RETURN TRANSFER**

Price of transportation must be paid at arrival at the event's registration desk. Any national team will not be registered until the reserved transportation has been paid. Please book your airport transfer via [www.olympiaamateur.com](http://www.olympiaamateur.com), section "Competitors – accommodation" and advise via the same channel in case of your itinerary's change or further details. Please send your detailed travel itinerary to [athletes@olympiaamateur.com](mailto:athletes@olympiaamateur.com), to ensure the transfer can be provided. If you order the transport, you must pay for it even if you later decide not to use it upon your arrival.

**For any transfer/local transportation assistance, please contact directly: [athletes@olympiaamateur.com](mailto:athletes@olympiaamateur.com)**

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For additional information,  
registration and tickets, please visit:  
[www.olympiaamateur.com](http://www.olympiaamateur.com)  
[www.shp.cz](http://www.shp.cz)



**PLEASE NOTE:**

**THE PROMOTER'S STAFF FOR THE OLYMPIA AMATEUR EUROPE HAVE MANAGED TO SIGNIFICANTLY REDUCE THE COST FOR ATHLETES' ROOMS IN THE HOTELS AND WARMLY RECOMMEND TO RESERVE ACCOMMODATIONS IN THE PROPOSED FACILITIES.**

FOR ACCOMMODATION PROVIDED THROUGH THE PROMOTER OF THE EVENT, PLEASE CONTACT

**[www.olympiaamateur.com](http://www.olympiaamateur.com)**, section Competitors – Accommodation.

For the information you can use email: **[athletes@olympiaamateur.com](mailto:athletes@olympiaamateur.com)**.

Please reserve your rooms well in advance in order to ensure the best rates and terms.

**IMPORTANT NOTICE! HOTEL DEPOSITS**

An initial deposit of EUR 50.00 per person is required upon check-in for incidental and personal expenses which may arise (telephone, mini-bar, laundry, room service, etc.). The unused portion of this deposit will be refunded at check-out. In order to expedite this effectively, the chief delegate or team leader will be asked to provide a credit card or cash to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any member of the respective team.

# ACCOMMODATION AND TRANSPORT FORM

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PLEASE, CLICK HERE TO ACCESS TO FORM PAGE AT [WWW.OLYMPIAAMATER.COM](http://WWW.OLYMPIAAMATER.COM)



# IMPORTANT ARRIVAL AND CHECK-IN NOTICES

**The official arrival days for the athletes are Wednesday and Thursday, September 30 and October 1, 2015, respectively.**

The presentation and registration will be conducted on both of these days. IFBB Registration fee of EUR 250.00 per competitor will have to be paid at the time of registration. We fully recommend you to make advance payment by PayPal at [ifbbevents@hotmail.com](mailto:ifbbevents@hotmail.com) for your best comfort and convenience.

**REGISTRATION WILL TAKE PLACE AT TIPSPORT ARENA AT ENTRY GATE NO. 31**

- **Registration /Accreditation/ will take place between 10:00am and 8:00pm on Wednesday and Thursday, September 30 and October 1, 2015, respectively in Tipsport Arena of Prague**
- **Pavel Filleborn 's seminar for judges**
- **Amateur Olympia Europe 2015 Prejudging starts on Friday, October 2, 2015, at 9:00am in Tipsport Arena of Prague**
- **FITNESS EXPO starts on Friday, October 2, 2015, 9am in TIPSPORT Arena of Prague**
- **Finals of Olympia Amateur Europe 2015 will take place on Friday, October 2, 2015, at 5:00pm and on Saturday, October 3, 2015 at 11:30am for Men's Bodybuilding up to 90 kg, up to 100 kg and over 100 kg in TIPSPORT Arena of Prague**
- **Superfinals of Olympia Amateur Europe 2015 will take place on Saturday, October 3, 2015, at 5:15pm in TIPSPORT Arena of Prague**
- **Banquet of Olympia Amateur Europe 2015 jointly with EVLS Prague Pro 2015 with all professionals shall take place on Saturday, October 3, 2015, starting at 10:00pm - banquet ticket(s) will be available from September 30, 2015 directly at the event venue in the course of accreditation or via ticket sales points at EUR 20.00 per ticket, and EUR 15.00 per every other ticket purchased in a single transaction.**

**!!! ALL OVERALL WINNERS OF OLYMPIA AMATEUR EUROPE 2015 WILL BE OFFERED A PRO CARD !!!**

More information about the event's organization, time-table and other contest details, please visit [www.olympiaamateur.com](http://www.olympiaamateur.com) and [www.ifbb.com](http://www.ifbb.com) for regular updates.

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For additional information, registration and tickets, please visit:  
[www.olympiaamateur.com](http://www.olympiaamateur.com)  
[www.shp.cz](http://www.shp.cz)





# COMPETITOR NOTIFICATION

**Registration of athletes will only be considered if they are approved and registered by their IFBB-affiliated National Federation. Entry Forms should be e-mailed to the General Secretary office, with a copy to the IFBB Head Office in Madrid**

# REGISTRATION AND REGISTRATION FEE

Each National Federation will register their competitors with the enclosed entry form and send via email directly to the **IFBB General Secretary (w.tierney@ifbb-uk.com)**, copy to **IFBB Head Office in Madrid (headquarters@ifbb.com)** and to **athletes@olympiaamateur.com** with passport-sized photos for accreditation!

The final decision to allow an athlete to compete in this event rests with the IFBB.

Registration fee for athletes to enter this competition is € 250 which will be collected at the time of registration. Payment can also be made through Paypal as we mentioned before (at **ifbbevents@hotmail.com**) for your best comfort and convenience.

# IMPORTANT INFORMATION

All the costs for travel, hotel accommodations, local transportation including airport transfers, as well as board (meals) are the responsibilities of the National Federations or individual athletes. Check with your National Federation for more information. List and contacts of recommended hotels, transportation options (especially airport transfers) are provided in the Inspection Report...

- TIME DIFFERENCE:** Prague is in the Central European Time (CET) zone (GMT + 1 hour)
- CURRENCY:** The national currency in Czech Republic is Czech Koruna (CZK). All major credit cards are widely accepted at most hotels, department stores, restaurants.
- CLIMATE:** During the month of October, the daily average temperature is 8°C
- VISA:** A valid passport is required to enter Czech Republic for non-EU members where personal ID is sufficient. Competitors from other countries are kindly asked to consult Czech Embassy in their country to arrange for visa if necessary
- TANNING:** IFBB has banned all tans that can be wiped off. An official will check athlete's tan backstage and if the tan comes off by simple wiping, the athlete will be told to remove the tan before going on stage.

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For additional information, registration and tickets, please visit:  
[www.olympiaamateur.com](http://www.olympiaamateur.com)  
[www.shp.cz](http://www.shp.cz)



# Pro Tan<sup>®</sup> TANNING SERVICE

Since 1987

Provided and serviced exclusively by ProTan USA, Mr. Olympia Weekend partner and provider. ProTan team of tanning professionals combined of its USA and European staff will be available for all participating athletes just like to their pro colleagues.

Complete tanning color application always together with posing oil application at time of prejudging, finals and superfinals including touch-up after prejudging will be available.

Reservations & booking subject to received pre-payments or on site payments will be possible via **Competitor - Tanning section** via [www.olympiaamateur.com](http://www.olympiaamateur.com).

<b>1 APPLICATION</b>	€ 89.00
<b>2 APPLICATIONS</b>	€ 120.00
<b>3 APPLICATIONS</b>	€ 145.00

Special backstage assistance including touch-up and oil will also be available to those athletes who decide to apply color on their own at € 25.00.

Quality will be guaranteed only to the athletes who will use the ProTan products, service and follow product instructions diligently.

## BACKSTAGE ACCESS

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only through appropriate registration.

## CAMERA/VIDEO EQUIPMENT

Camera and/or video recording equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by authorized media representatives, and in any event, these devices shall be strictly prohibited in dressing room areas.

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For additional information, registration and tickets, please visit:  
[www.olympiaamateur.com](http://www.olympiaamateur.com)  
[www.shp.cz](http://www.shp.cz)



# ENTRY FORM CONTACT DETAILS

The Entry Form is included at the end of this document.

All Entry Forms and correspondence must be addressed to IFBB General Secretary William Tierney  
[w.tierney@ifbb-uk.com](mailto:w.tierney@ifbb-uk.com), copy to the IFBB Head Office, Madrid [headquarters@ifbb.com](mailto:headquarters@ifbb.com)  
and to [athletes@olympiaamateur.com](mailto:athletes@olympiaamateur.com)

**THE DEADLINE DATE FOR SUBMITTING THE ENTRY FORMS IS  
MONDAY, SEPTEMBER 22, 2015.**

We strongly encourage you to register early through your National Federations

**PLEASE SEND ALL ENTRY FORMS AND PHOTO(S) FOR REGISTRATION  
BY MONDAY, SEPTEMBER 22, 2015, TO:**

**IFBB General Secretary  
WILLIAM TIERNEY**

Phone: +44 151 9314090  
[w.tierney@ifbb-uk.com](mailto:w.tierney@ifbb-uk.com)

Please send a copy to:

**IFBB Headquarters Office**

Phone: +34 91 535 2819  
[headquarters@ifbb.com](mailto:headquarters@ifbb.com)

**The Olympia Amateur Europe participant coordinator  
Mr. VLADIMIR CASTKA**

[athletes@olympiaamateur.com](mailto:athletes@olympiaamateur.com)

At the IFBB AMATEUR OLYMPIA PRAGUE only athletes, who are approved and registered by their IFBB affiliated National Federation shall be allowed to compete. Inscriptions will be made through national IFBB federations. The following national federations will be allowed to participate in this championships: All European national federations plus Kazakhstan.

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For additional information,  
registration and tickets, please visit:  
[www.olympiaamateur.com](http://www.olympiaamateur.com)  
[www.shp.cz](http://www.shp.cz)



**All IFBB-affiliated National Federations are informed that participation in this championship is unlimited. Remember that all athletes will have to present their IFBB International Card at the registration. Any athlete who has not yet purchased his or her IFBB International Card will have to buy one at the event's registration. IFBB cards are EUR30.00 per year and mandatory from 2011.**

## POSING MUSIC

All posing music with 60 seconds for bodybuilding and 90 seconds for fitness competitors must be on an audio CD only. The posing music must also be at the start of respective CD. Each competitor must affix his name on the CD for an easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

## JUDGES

All National Federations are reminded that their nominations for judges must be also included in the Entry Forms according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn at [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

## PRESS ACCREDITATION

Any media representatives that wish to obtain press accreditation for this event must register through a web-based accreditation form at the event's official website [www.olympiaamateur.com](http://www.olympiaamateur.com), section "Press" and register upon arrival at a dedicated media accreditation point.



# CATEGORIES OLYMPIA AMATEUR EUROPE 2015

## WOMEN'S CATEGORIES



### FITNESS

- Up to 163 cm
- Over 163 cm



### BODYFITNESS (FIGURE)

- Up to 163 cm
- Up to 168 cm
- Over 168 cm



### BIKINI-FITNESS (BIKINI)

- Up to 163 cm
- Up to 166 cm
- Up to 169 cm
- Up to 172 cm
- Over 172 cm

## MEN'S CATEGORIES

### BODYBUILDING

- Up to 80 kg
- Up to 90 kg
- Up to 100 kg
- Over 100 kg



### PHYSIQUE

- Up to 174 cm
- Up to 178 cm
- Over 178 cm

!!! OVERALL WINNERS WILL BE ELIGIBLE TO APPLY FOR IFBB PRO CARD !!!

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# OLYMPIA AMATEUR EUROPE 2015 SCHEDULE

## WEDNESDAY, SEPTEMBER 30 - THURSDAY OCTOBER 1, TIPSPORT ARENA

10:00 am – 08:00 pm	Accreditation of competitors, judges, delegates
07:15 pm	Judges meeting
08:00 pm	Competitors meeting

## FRIDAY, OCTOBER 2, TIPSPORT ARENA

09:00 am	Fitness Expo opens
09:00 am	Predjudging
05:00 pm	Finals (Women´s Bikini, Women´s Bodyfitness, Women´s Fitness, Men´s Physique, Men´s Bodybuilding – division up to 80 kg)

## SATURDAY, OCTOBER 3, TIPSPORT ARENA

09:00 am	Fitness Expo opens
11:30 am	Finals ( Men´s Bodybuilding, divisions: up to 90 kg, up to 100 kg, over 100 kg)
05:00 pm	<b>Superfinals Opening Ceremony</b>
05:15 pm	<b>Superfinals* (Women´s Bikini, Women´s Bodyfitness, Women´s Fitness, Men´s Physique, Men´s Bodybuilding) *</b>
10:00 pm	Banquet (VIP Lounge, Gate no. 32 in Tipsport arena)

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### \* SUPERFINALS

All categories (class) winners will compete for the overall championship and title Olympia Amateur Europe 2015 Champion. Quarter turns, mandatory poses and comparisons will be performed in each category.



# INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS

## ENTRY FORM

**IFBB OLYMPIA AMATEUR EUROPE  
PRAGUE, CZECH REPUBLIC, OCTOBER 1-3, 2015**

**Deadline date to send the Entry Form is September 22, 2015**

**CATEGORY:**

<b>COUNTRY</b>	<b>PRESIDENT's NAME</b>	<b>FEDERATION's NAME</b>	
<b>CONTACT No. FEDERATION (OFFICE OR CELL PHONE)</b>		<b>FEDERATION's EMAIL</b>	

<b>If applicable: Responsible Delegate(s) name at this event</b>	<b>CELL PHONE</b>	<b>PASSPORT No.</b>

	<b>COMPETITOR NAME</b>	<b>CATEGORY</b>	<b>IFBB INTERNATIONAL CARD No.</b>
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

If you have more athletes and/or delegates, please add them on the page below.



For additional information, registration and tickets, please visit:  
[www.olympiaamateur.com](http://www.olympiaamateur.com)  
[www.shp.cz](http://www.shp.cz)



ALL THE COSTS FOR TRAVEL, HOTEL ACCOMMODATIONS AND MEALS, AS WELL AS LOCAL TRANSPORTATIONS INCLUDING TRANSFERS FROM AND TO THE AIRPORT) MUST BE COVERED BY THE NATIONAL FEDERATIONS AND/OR ATHLETES THEMSELVES. HOTEL RESERVATION(S) MUST BE DONE BY DIRECT COMMUNICATION BETWEEN THE NATIONAL FEDERATION, ATHLETES AND PROMOTER (List of recommended hotels including contacts are provided in the Inspection Report). NEITHER THE PROMOTER, ITS ORGANIZING COMMITTEE, NOR THE IFBB WILL BE RESPONSIBLE FOR ANY RESERVATION OR PAYMENT FOR THE HOTEL ACCOMMODATIONS, LOGISTICAL ARRANGEMENTS, MEALS, OR ANY OTHER COSTS TO BE BORN BY THE EVENT'S PARTICIPANTS.

## IMPORTANT NOTES:

The PROMOTER of the OLYMPIA AMATEUR EUROPE 2015 event in PRAGUE, CZECH REPUBLIC, will not accept any direct registration from athletes, as these must be processed by their respective national IFBB federations.

**Entry Forms from athletes will only be considered if they are sent by the National Federation of the athlete and directly to IFBB Head office in Madrid and IFBB General Secretary Mr William Tierney (see email addresses below). The final decision to allow an athlete to compete in this event rests with the IFBB.**

**Registration fee is EUR250.00 per athlete and will have to be paid to the IFBB-nominated official at the registration or preferably online if you have a Paypal account available. You can pay in advance online to email address [ifbbevents@hotmail.com](mailto:ifbbevents@hotmail.com)**

### THE CATEGORIES AND DIVISIONS AT THE OLYMPIA AMATEUR EUROPE 2015 INCLUDE:

#### WOMEN'S CATEGORIES:

- FITNESS Up to 163 cm / Over 163 cm
- BODYFITNESS (FIGURE) Up to 163 cm / Up to 168 cm / Over 168 cm
- BIKINI Up to 163 cm / Up to 166 cm / Up to 169 cm / Up to 172 cm / Over 172 cm

#### MEN'S CATEGORIES:

- MEN'S BODYBUILDING Up to 80 kg / Up to 90 kg / Up to 100 kg / Over 100 kg
- MEN'S PHYSIQUE Up to 174 cm / Up to 178 cm / Over 178 cm





**PLEASE SEND ENTRY FORM BY SEPTEMBER 22, 2015 TO:**

(Preferably by email)

<p><b>IFBB General Secretary</b></p> <p><b>WILLIAM TIERNEY</b>  <b>+44 151 9314090</b></p> <p><b>w.tierney@ifbb-uk.com</b></p>	<p>Please Send a copy to:</p> <p><b>International Federation of Bodybuilding and Fitness</b></p> <p><b>IFBB HEADQUARTERS OFFICE</b>  <b>PHONE: +34 91 535 2819</b></p> <p><b>headquarters@ifbb.com</b></p>
<p><b>IMPORTANT</b></p>	<p>Please Send a copy with photo to:</p> <p><b>Olympia Amateur Europe 2015's participants coordinator:</b></p> <p><b>Mr. VLADIMIR CASTKA</b></p> <p><b>athletes@olympiaamateur.com</b></p>

**ADDITIONAL ATHLETES**

	COMPETITOR NAME	CATEGORY	IFBB INTERNATIONAL CARD No.
1			
2			
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