

ARNOLD



Pabellón de Cristal, Madrid - Arena
Madrid-Spain



ARNOLD
FIGHTERS

Arnold Classic Europe

feel the ACE experience!

September 25-27, 2015

MEN'S BODYBUILDING CLASSES • MEN'S CLASSIC BODYBUILDING •
MEN'S PHYSIQUE • MEN'S FITNESS • JUNIOR MEN • MASTERS MEN • WOMEN'S PHYSIQUE •
WOMEN'S BODY-FITNESS • WOMEN'S FITNESS • WOMEN'S BIKINI • JUNIOR WOMEN • MASTERS WOMEN



Arnold Classic Europe @ArnoldClassicEu @arnoldclassiceurope

For additional information, registration and tickets visit:



arnoldclassiceurope.com
Palacio De Cristal, Casa De Campo Madrid Arena
Madrid, Spain





welcome

We are proud to present the new edition of ARNOLD CLASSIC EUROPE, ACE 2015. A fully consolidated edition in our country, to which celebrate in style its Fifth Anniversary and where we can enjoy a complete multisport program with activities, exhibitions and championships over 30 sports; more than 24.000sq. of EXPO dedicated to fitness and healthy lifestyle, not to mention the celebration of Professional Bodybuilding Championships and female fitness categories which features one of the most important competition lines up at the moment and the ARNOLD FIGHTERS Pro Show, celebrated both of them at Madrid Arena.

All this handed by Governor Arnold Schwarzenegger and IFBB President, Dr. Rafael Santonja in an incredible setting as the city of Madrid.



location

Once again the city of Madrid became the scene of celebration of this 5TH. Edition of Arnold Classic Europe 2015.

Madrid, capital of Spain, is a cosmopolitan city that combines the most modern infrastructures and the status of economic, financial, administrative and service centre with a huge cultural and artistic heritage, a legacy of centuries of fascinating history.

With over 65,000 hotel rooms of high quality, with a gastronomic and leisure offer unsurpassed and with one of the most important international airports in the world that facilitates the arrival of visitors from all over the world, Madrid, beautiful tourist town full of history, entertainment, active life, both from the point of view of leisure and business, is the ideal venue for an event that brings together fans, athletes, businessmen and visitors from all five continents framework. Madrid turns throughout the weekend Arnold Classic Europe, in a meeting point of sport, fun and fitness lifestyle.



venue

The 2015 Arnold Classic Europe Championships will be held at the venue, **PABELLÓN DE CRISTAL**

DE LA CASA DE CAMPO and **MADRID ARENA**, Madrid (Spain). This venue is an excellent place

and was a great success last years with hundreds of booths in the EXPO and more and more visitors.



recommended IFBB hotels

There are numerous recommended hotels in the area which you can choose from. We have reached an agreement with American Express GBT, one of the leading Travel Agencies of the market to offer personalized service with the

guarantee of the best rates in major hotels in Madrid, since American Express Global Business Travel gives you the opportunity to book your travel arrangements (flights / train / hotel / transport).

PLEASE CONTACT AMERICAN EXPRESS BARCELO THROUGH THE FOLLOWING EMAIL:

federacionesace@amexbarcelo.com



**Direct boarding pass to
Arnold Classic Europe 2015**

¡Te ayudamos! ¡Somos la agencia oficial del Arnold Classic Europe 2015! Contacta con nosotros para alojamiento, vuelos, traslados y otros servicios relacionados con tu viaje.
We can help you! We are the official Travel Agency for Arnold Classic Europe 2015! Please, contact us for accommodation, flights, transfers and other services you could need.

Desde | From
TUS NECESIDADES | Your Needs

Destino | To
ARNOLD CLASSIC EUROPE 2015

Cuándo | When
25-27 SEPT 2015

Dónde | Where
Pabellon de La Casa de Campo,
Madrid

Contáctanos | Please contact us:
federacionesace@amexbarcelo.com



**Direct boarding pass to
Arnold Classic Europe 2015**

Desde | From
TUS NECESIDADES | Your Needs

Destino | To
ARNOLD CLASSIC EUROPE 2015

Cuándo | When
25-27 SEPT 2015

Contáctanos | Please contact us:
federacionesace@amexbarcelo.com



IMPORTANT NOTICE REGARDING THE HOTELS

There are many international conferences and meetings held in Madrid every weekend, so hotels may be booked up quickly.

Please reserve your rooms well in advance to avoid disappointment.

important arrival and check-in notices

THE OFFICIAL ARRIVAL DAY IS THURSDAY, SEPTEMBER 24TH, 2015

The weigh-in and registration will be conducted on Thursday. IFBB Registration Fee of 150 EUROS will have to be paid at the time of weigh-in or in advance. We fully recommend you to make advance payment by Paypal by following this link: <http://www.ifbb.com/competition-registration/>.

Registration will take place at the Pabellón de Cristal, Casa de Campo, Madrid. You can arrive by subway, stopping at "El Lago" station at 500 meters from the venue, or by the organizer circular buses available with a frequency of 1 hour. Info will be available at the official hotels lobby.

If you are not at the official hotels, but in hotels nearby, you can access to the organizer bus at the official hotels or use the public subway (El LAGO) or city buses (visit: www.arnoldclassiceurope.com for more info)

- Registration and weigh-in between 10:00 and 20:00 on Thursday, September 24th.
- IFBB amateur event starts on Friday, September 25th.
- Trade show starts on Friday, September 25th.
- Finals for BodyBuilding and Fitness overall Champions,

will take place on Sunday, September 27th.

- Finals for overall Champions of other categories, will take place after each category is finished.

The venue will count with two different stages: 1 upper stage

and 1 ground stage. Championships of all categories will take place at both stages.

More information about running order and other competition details will be forwarded nearer the time.

Please check www.arnoldclassiceurope.com and www.ifbb.com for regular updates.



tanning needs

For those of you with tanning or makeup needs, contact Jan Tana at <http://jantana.com/> or follow this link <http://jantana.com/index.php/on-site-services/arnold-classic-europe-sep-25-27-2015.html> to book an appointment to have your tan done before your competition. They also will have staff backstage to assist with all competition needs. No spray tanning will be done at the venue, so be sure to book appointments accordingly.

“THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.”

participation

This competition is open for **ALL the IFBB-affiliated National Federations** from all over the world. Participation of athletes is unlimited. Registration of athletes will only be considered if they are nominated by their IFBB-affiliated National Federation. Entry Forms should be e-mailed to the IFBB

General Secretary, with a copy to the IFBB Head Office in Madrid.

Those athletes who have not met the established requirements, who missed the deadline for registration, or who registered in a division that has already been closed, will also be notified, through their National Federations, that they will be unable

to participate in this competition. The Arnold Amateur Organizing Committee reserves the right to decline entry to any athlete who does not meet the requirements. We strongly encourage you to register early and make the appropriate arrangements to compete in this 5th Arnold Classic Europe, Spain.



REGISTRATION AND REGISTRATION FEE

Registration of athletes will only be considered if they are recommended or entered by the National Federation of the athlete and the entry form has been e-mailed directly to the IFBB General Secretary and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this event rests with the IFBB.

Registration fee for athletes to enter this competition is 150 Euros.



posing music

All posing music must be on an **audio CD** only. The posing music must also be at the start

of the CD. Each competitor must affix his name on the CD for easy identification. **The use of**

profane, vulgar and offensive language is strictly prohibited in the posing music.

important notice to competitors

Each athlete, participating in the championship will be provided with a competitor wrist band at the weigh-in. This wrist band allows daily admission to the Arnold Fitness EXPO and should not be removed.



IMPORTANT INFORMATION

All the costs for traveling, hotel accommodations, transport from and to the airport and meals are the responsibilities of the national federations or individual athletes. Check with your national federation for more information. List of recommended hotels and contacts are provided above and on the Arnold Classic Europe website.

judges

All National Federations are reminded that their nominations for judges must be also included in the Entry Forms according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn at pawelfilleborn@gmail.com

media accreditation

All media accreditation, accept local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by e-mail at media@arnoldclassiceurope.es **no later than September 4th, 2015.**





backstage access

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

time difference

Madrid is in the Central European Time zone (UTC +2 hour – in summer).

climate

During the month of September, the average daily temperature is 21 °C.

currency

The national currency in Spain is EURO. All major credit cards are widely accepted at most major hotels, department stores and restaurants.

entry form contact details

All entry forms and correspondence should be addressed to IFBB General Secretary William TIERNEY w.tierney@ifbb-uk.com and IFBB Head Office, Madrid headquarters@ifbb.com.

The deadline date for submitting the entry forms is September 11th, 2015.

PLEASE FORWARD ALL ENTRY FORMS TO

PLEASE SEND ENTRY FORM NO LATER THAN
SEPTEMBER 11TH, 2015 TO:

IFBB General Secretary
William Tierney
Phone: +44 7778 348855
E-mail: w.tierney@ifbb-uk.com

PLEASE SEND A COPY TO:

International Federation of Bodybuilding
and Fitness
Dr. Rafael Santonja IFBB President
Phone: +34 91 535 2819
E-mail: headquarters@ifbb.com



IMPORTANT INFORMATION

IFBB National Federations are informed that participation in to this championship is unlimited. Remember that all athletes will have to produce their IFBB International Card at the registration. Any athlete who has not yet purchase this IFBB International Card will have to buy one at registration. IFBB Cards are 30 Euros per year and are mandatory from 2011.

categories

THE FOLLOWING CATEGORIES WILL BE OPEN FOR
THE 2015 ARNOLD CLASSIC EUROPE:

MEN'S BODYBUILDING CLASSES

UP TO & INCLUDING 70 KG
UP TO & INCLUDING 75 KG
UP TO & INCLUDING 80 KG
UP TO & INCLUDING 85 KG
UP TO & INCLUDING 90 KG
UP TO & INCLUDING 95 KG
UP TO & INCLUDING 100 KG
OVER 100KG

MEN'S CLASSIC BODYBUILDING

*SEE TABLE BELOW

UP TO 175 cm
UPTO 180 cm
OVER 180 cm

MEN'S PHYSIQUE

UPTO & INCLUDING 172 cm
UPTO & INCLUDING 175 cm
UPTO & INCLUDING 178 cm
UPTO & INCLUDING 181 cm
UPTO & INCLUDING 184 cm
OVER 184 cm

MEN'S FITNESS

1 OPEN CATEGORY

JUNIOR MEN BODYBUILDING

1 OPEN CATEGORY

MEN'S PHYSIQUE

1 OPEN CATEGORY

MASTERS MEN 40-49 YEARS

UPTO & INCLUDING 80 KG
UPTO & INCLUDING 90 KG
OVER 90 KG

50-59 YEARS

1 OPEN CATEGORY

OVER 60 YEARS

1 OPEN CATEGORY

MASTER MEN'S PHYSIQUE OVER 40 YEARS

1 OPEN CATEGORY

WOMEN'S FITNESS

UP TO 163 cm

OVER 163 cm

WOMEN'S BIKINI

UP TO & INCLUDING 160 cm
UP TO & INCLUDING 163 cm
UP TO & INCLUDING 166 cm
UP TO & INCLUDING 169 cm
UP TO & INCLUDING 172 cm
OVER 172 cm

JUNIOR WOMEN

BODY-FITNESS

1 OPEN CATEGORY

BIKINI-FITNESS

1 OPEN CATEGORY

WOMEN'S PHYSIQUE

UP TO & INCLUDING 163 cm
OVER 163 cm

WOMEN'S BODY-FITNESS

UP TO 158 cm

UP TO 163 cm

UP TO 168 cm

OVER 168 cm

MASTERS WOMEN

WOMEN'S PHYSIQUE OVER 35 YEARS

1 OPEN CATEGORY

BODY-FITNESS OVER 35 YEARS

1 OPEN CATEGORY

BIKINI-FITNESS OVER 35 YEARS**

UP TO 163 CM

OVER 163 CM


*THE WEIGHT/HEIGHT LIMITS TOLERANCE OF THE MEN'S CLASSIC HAS THE FOLLOWING CRITERIA:

A	HEIGHT Up to and incl 168 cm	MAXIMUM WEIGHT	Height minus 100
	HEIGHT Over 168 cm Up to and incl 171 cm	MAXIMUM WEIGHT	Height minus 100 + 2 kg
	HEIGHT Over 171 cm Up to and incl 175 cm	MAXIMUM WEIGHT	Height minus 100 + 4 kg
B	HEIGHT Over 175 cm Up to and incl 180 cm	MAXIMUM WEIGHT	Height minus 100 + 6 kg
	HEIGHT Over 180 cm Up to and incl 190 cm	MAXIMUM WEIGHT	Height minus 100 + 8 kg
C	HEIGHT Over 190cm Up to and incl 198 cm	MAXIMUM WEIGHT	Height minus 100 + 9 kg
	HEIGHT Over 198 cm	MAXIMUM WEIGHT	Height minus 100 + 10 kg


**MASTERS BIKINI-FITNESS HEIGHT CLASSES MIGHT CHANGE.

ARNOLD



 Arnold Classic Europe

 @ArnoldClassicEu

 @arnoldclassiceurope



www.arnoldclassiceurope.com