





welcome

**W**

e are proud to present the new edition of ARNOLD CLASSIC EUROPE, ACE 2017. Fully consolidated editions in our country, which celebrate in style its Seventh Anniversary. Handed by Governor Arnold Schwarzenegger and IFBB President, Rafael Santonja, Ph.D., in an incredible setting as the city of Barcelona.



# Location



The city of Barcelona will host this seventh edition of Arnold Classic Europe 2017. Nowadays, Barcelona is recognized as a global city by its culture, finances, business, and tourist importance. Barcelona International Airport is located just 15 km away from the city center and is used by more than 37.5 million of passengers per year. Barcelona turns throughout the Arnold Classic Europe weekend as a meeting point of sport and fitness lifestyle.

# Venue

Located just 3 km from Barcelona historic city center, Fira Gran Via is one of the biggest and most modern Exhibition and Conference Centre worldwide. The venue covers a large area distributed among eight halls and three independent accesses. The chosen hall is number 4 - 5, which offers more than 45,000 m2 of EXPO.

## ADDRESS

### FIRA GRAN VIA BARCELONA

Av. Joan Carles I, 64, 08908 L'Hospitalet de Llobregat, Barcelona



# recommended hotels

There are numerous recommended hotels in the area, which you can choose from. We have reached an agreement with Halcon Viajes, one of the leading travel agencies of the market to offer personalized service with the guarantee of the best rates in major hotels of Barcelona, since Halcon Viajes gives you the opportunity to book your travel arrangements (flight, train, hotel, transport).



**PLEASE CONTACT HALCON VIAJES THROUGH THE FOLLOWING  
EMAIL: [ACE2017@halconviajes.com](mailto:ACE2017@halconviajes.com)**

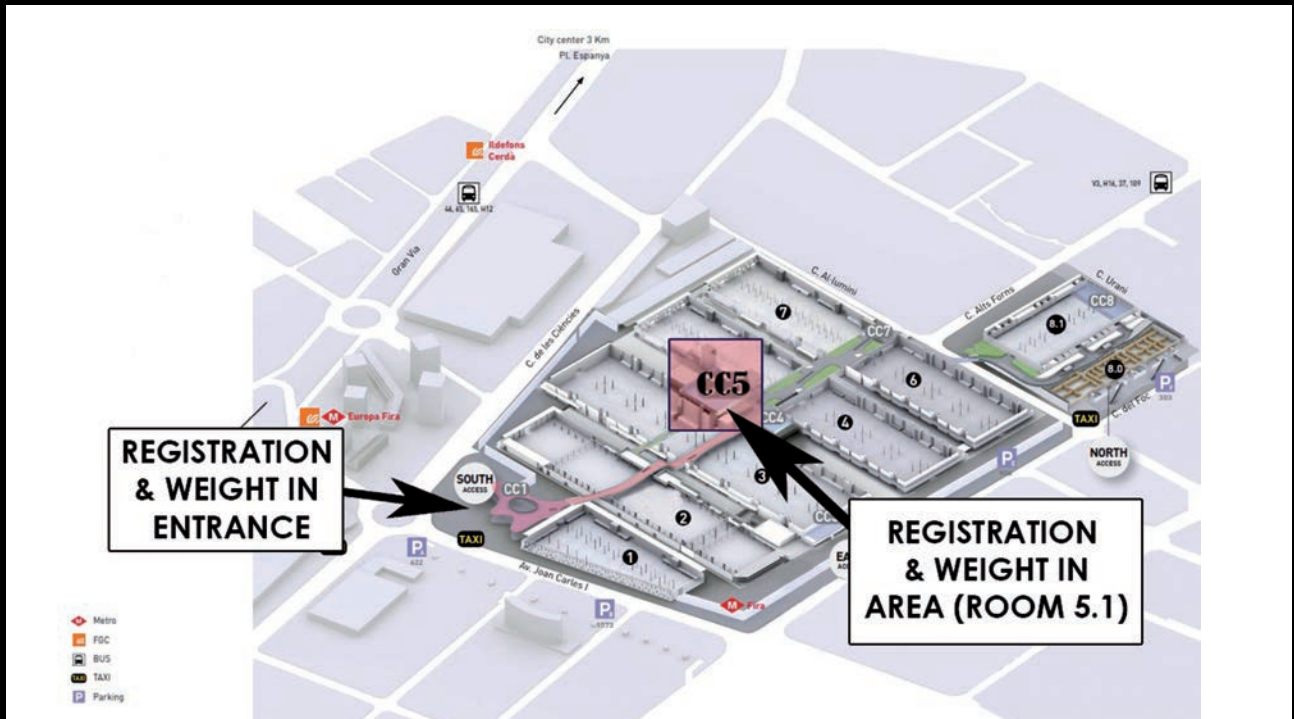
## **IMPORTANT NOTICE: REGARDING THE HOTELS**



There are many international conferences and meetings held in Barcelona every weekend, so hotels may be booked up quickly. Please reserve your rooms well in advance to avoid disappointment.

# important arrival and check-in notices

THE OFFICIAL ARRIVAL DAY IS THURSDAY, SEPTEMBER 21<sup>st</sup>, 2017. The weigh-in and registration will be conducted on Thursday, Sept. 21<sup>st</sup> from 10:00 to 20:00 hrs. Registration and weight in will take place at the Fira Gran Via Barcelona (Room 5.1, Conference Center 5). Please see the map below. Address: Av. Joan Carles I, 64, 08908 L'Hospitalet de Llobregat, Barcelona.



## HOW TO GET TO FIRA BARCELONA

### BY PLANE

Barcelona airport: El Prat has two terminals, T1 and T2, in which around 100 companies operate.

#### Direct access from the airport:

By road: 12 kilometres away (C-31)

Metro: Line L-9 Sud ("Fira" and "Europa/Fira" stations)

TMB Bus: Line 46 ("Pl. Europa" stop)

Taxi

### BY ROAD

The Gran Via venue is located in a new business development area, connected to the main motorways and roads to Barcelona:

AP-7, AP-2, A-2, C-16, C-58, C-31, C-32, C-33

GPS

41.35448, 2.12698

### METRO

TMB Line: L-9 Sud ("Fira" and "Europa/Fira stations")

### BUS

TMB Lines: 79 and V3

### TRAIN

Ferrocarrils Generalitat de Catalunya (FGC)

Lines S8, S33, R6, R5, S4 ("Europa/Fira" station)

"Barcelona-Sants" station, 4 km from the venue, is connected to a complete regional, national and international rail network.

### TAXI

Barcelona has 10,500 taxis.

(visit: [www.arnoldclassiceurope.com](http://www.arnoldclassiceurope.com) for more info)



# expo & championships schedule

**Registration: Thursday, from 10:00 to 20:00 hrs**

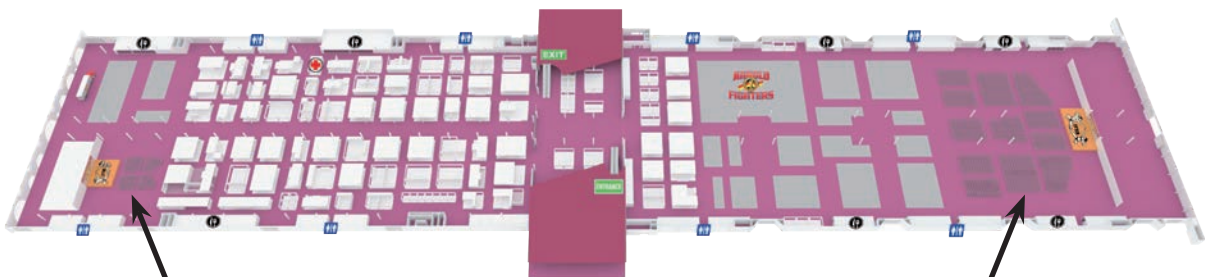
EXPO and Championships: Friday, from 10:00 to 20:00 hrs

EXPO and Championships: Saturday, from 10:00 to 20:00 hrs

EXPO and Championships: Sunday, from 10:00 to 18:00 hrs

- IFBB amateur event starts on Friday, September 22<sup>nd</sup>, at 10:00 hrs.
- Trade show starts on Friday, September 22<sup>nd</sup> at 10:00 hrs.
- Bodybuilding and Fitness overall categories will take place on Sunday, September 24<sup>th</sup>.
- Other Overall categories will take place after each division is finished.

The venue will count with two different stages: IFBB categories will be run on both stages.



**STAGE 1:  
AMATEUR**

**STAGE 2: AMATEUR/  
PROFESSIONAL**

# tanning needs

Jan Tana and her Tanning Team will be offering Tanning, Hair and Makeup Services at the hotel Fira Congress locate at Carrer José Agustín Goytisolo, 9-11, 08908 Hospitalet de Llobregat, Barcelona. To schedule your appointment click on this link.

<http://www.jantana.com/index.php/on-site-services/arnold-classic-europe-sep-22-24-2017>

“THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.”

# participating

This competition is open for ALL the IFBB-affiliated National Federations from all over the world. Participation of athletes is unlimited. Registration of athletes will only be considered if they are nominated by their IFBB-Affiliated National Federation. Entry Forms should be e-mailed to [info@ifbb.com](mailto:info@ifbb.com) and [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Those athletes who have not met the established requirements, who missed the deadline for registration, or who registered in a division that has already been closed, will also be notified, through their National Federations, that they will be unable to participate in this competition. The Arnold Amateur Organizing Committee reserves the right to decline entry to any athlete who does not meet the requirements. We strongly encourage you to register early and make the appropriate arrangements to compete in this seventh Arnold Classic Europe, Spain.

## REGISTRATION AND REGISTRATION FEE



Registration of athletes will only be considered if they are recommended or entered by the National Federation of the athlete and the entry form has been e-mailed directly to the IFBB Office [info@ifbb.com](mailto:info@ifbb.com) and [amichalak5@gmail.com](mailto:amichalak5@gmail.com). The final decision to allow an athlete to compete in this event rests with the IFBB. Registration fee for athletes to enter this competition

is **EUR €200**, which have to be paid in advance by credit/debit card or PayPal at IFBB webpage <http://www.ifbb.com/competition-registration/> for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration. If paying at the Registration on September 21st, 2017 an extra fee of **EUR €50** per participant will be charged. If an athlete wants to participate in the second category (like master or junior in the senior open class also), the registration fee for this second category is **EUR €50**.

# posing music

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

# important notice to competitors

Athletes participating in these Championships will be given a goodie bag and the wristband at the Official Athlete Registration run on Thursday, September 21st, 2017. This wristband has to be worn during your whole stay, will allow you in and out of the Arnold Fitness EXPO, and should not be removed. There is a special athlete seating area close to the stage and backstage.

## IMPORTANT INFORMATION



All the costs for traveling, hotel accommodations, transport from and to the airport and meals are the responsibilities of the National Federations or individual athletes. Check with your National Federation for more information.

## judges

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges and test judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules.

For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

IFBB International Judges must have a valid IFBB Judge's Card with the 2017 IFBB yearly judges fee.

## media accreditation

All media accreditation, including local media, shall be controlled by the IFBB. All professionals wishing to obtain media accreditation for this event must register with the IFBB by e-mail at [media@arnoldclassiceurope.es](mailto:media@arnoldclassiceurope.es) no later than September 1<sup>st</sup>, 2017.

## backstage access

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Only official Delegates/Trainers possessing the Backstage Pass will be allowed to enter the backstage area. These passes will be on sale on Thursday, September 21<sup>st</sup>, 2017 at the Athlete Registration area.

**PLEASE NOTE:** *There will be a limited number of extra Backstage Passes, available at the Official Athlete Registration which can be purchased for EUR €50 each. This pass will allow the holder to go in and out of the venue during the weekend and will give access backstage and the athlete allocated seating area. This pass (wristband) has to be worn during your whole stay.*



# time difference

Barcelona is in the Central European Time zone (UTC +2 hour – in summer).



# climate

During the month of September, the average daily temperature is 22°C, 71°F. The lowest temperature is 18°C, 65°F and the highest 26°C, 79°F. Sunshine hours is 7.6 hours, rainfall 5 days per month, chance of rain 19%, chance of cloudy day 6%, and the sea temperature average is 24 °C, 75 °F.

# currency

The national currency in Spain is Euro (EUR). All major credit cards are widely accepted at most major hotels, department stores and restaurants.

# visas

A valid passport is required to enter Spain. EU country citizens do not need to obtain a visa. All other countries should consult the Spanish Embassy in their country to determine if they need a visa. An Official Letter of Invitation will be made available if required.

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendant's visas.

To receive invitation letter, the applicant should forward the following information to the IFBB or Championship organizer:

- A copy (scan) of passport
- Where the attendant will have his or her accommodation

If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, who requested and received an invitation from the IFBB Head Office or the Organizing, Committee of an IFBB sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

# entry form and contact details

All entry forms and correspondence should be addressed to the IFBB Technical Committee, Eng. Andrew Michalak at: [amichalak5@gmail.com](mailto:amichalak5@gmail.com) and IFBB Office at: [info@ifbb.com](mailto:info@ifbb.com).

The deadline date for submitting the entry forms is September 11<sup>th</sup>, 2017

PLEASE SEND ENTRY FORM NO LATER THAN SEPTEMBER 11<sup>TH</sup>, 2017 TO:

IFBB Technical Committee,  
Eng. Andrew Michalak: E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)  
and IFBB Office at: [info@ifbb.com](mailto:info@ifbb.com)

## IMPORTANT INFORMATION



IFBB National Federations are informed that participation in this Championship is unlimited. Remember that all athletes will have to produce their IFBB International Card at the registration. Any athlete who has not yet purchase or renewed this IFBB International Card will have to buy one at registration. IFBB Cards are EUR €30 per year and are mandatory.



# categories

THE FOLLOWING CATEGORIES ARE OPEN FOR THE 2017 ARNOLD CLASSIC EUROPE:

## MEN'S BODYBUILDING

Up to and incl. 70 kg  
Up to and incl. 75 kg  
Up to and incl. 80 kg  
Up to and incl. 90 kg  
Up to and incl. 100 kg  
Over 100 kg

## MEN'S CLASSIC BODYBUILDING

(See table below)  
Up to and incl. 175 cm  
Up to and incl. 180 cm  
Over 180 cm

## MEN'S PHYSIQUE

Up to and incl. 170 cm  
Up to and incl. 173 cm  
Up to and incl. 176 cm  
Up to and incl. 179 cm  
Up to and incl. 182 cm  
Up to and incl. 185 cm  
Over 185 cm

## MUSCULAR MEN'S PHYSIQUE

One open category

## MEN'S FITNESS

One open category

## WOMEN'S FITNESS

Up to and incl. 163 cm  
Over 163 cm

## JUNIOR MEN'S BODYBUILDING

One open category

## JUNIOR MEN'S PHYSIQUE

Up to and incl. 178 cm  
Over 178 cm

## MASTER MEN'S BODYBUILDING 40-44 yrs

Up to and incl. 80 kg  
Up to and incl. 90 kg  
Over 90 kg

## MASTER MEN'S BODYBUILDING 45-49 yrs

Up to and incl. 80 kg  
Up to and incl. 90 kg  
Over 90 kg

## MASTER MEN'S BODYBUILDING 50-54 yrs

One open category

## MASTER MEN'S BODYBUILDING +55 yrs

One open category

## MASTER MEN'S PHYSIQUE

40-44 years: open  
Over 45 years: open

## WOMEN'S WELLNESS FITNESS

One open category

## WOMEN'S PHYSIQUE

Up to and incl. 163 cm  
Over 163 cm

## WOMEN'S BIKINI-FITNESS

Up to and incl. 158 cm  
Up to and incl. 160 cm  
Up to and incl. 162 cm  
Up to and incl. 164 cm  
Up to and incl. 166 cm  
Up to and incl. 169 cm  
Up to and incl. 172 cm  
Over 172 cm

## WOMEN'S BODYFITNESS

Up to and incl. 158 cm  
Up to and incl. 163 cm  
Up to and incl. 168 cm  
Over 168 cm

## JUNIOR WOMEN'S BODYFITNESS

One open category

## JUNIOR WOMEN'S BIKINI-FITNESS

Up to and incl. 166 cm  
Over 166 cm

## MASTER WOMEN'S PHYSIQUE

One open class

## MASTER WOMEN'S BODYFITNESS

One open category

## MASTER WOMEN'S BIKINI-FITNESS

Up to and incl. 163 cm  
Over 163 cm

BODY HEIGHT:	BODYWEIGHT LIMIT [KG]:
Up to 168 cm	Max. bodyweight = Height [cm] – 100
Up to 171 cm	Max. bodyweight = (Height [cm] – 100) + 2
Up to 175 cm	Max. bodyweight = (Height [cm] – 100) + 4
Up to 180 cm	Max. bodyweight = (Height [cm] – 100) + 6
Up to 190 cm	Max. bodyweight = (Height [cm] – 100) + 8
Up to 198 cm	Max. bodyweight = (Height [cm] – 100) + 9
Over 198 cm	Max. bodyweight = (Height [cm] – 100) + 10

**ROCKIES AT THE ARNOLD CLASSIC EUROPE:** This event is only for Spanish athletes that may be registered in the regular categories. More information is available at IFBB website.

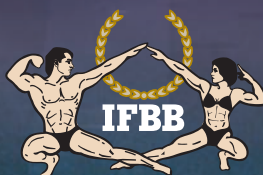
# ARNOLD



 Arnold Classic Europe

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IFBB HEADQUARTERS  
headquarters@ifbb.com  
info@ifbb.com

[arnoldclassiceurope.com](http://arnoldclassiceurope.com)