



**2017 IFBB EUROPEAN CHILDREN
FITNESS CHAMPIONSHIPS
&
HUNGARIAN
FITNESS & BIKINI FITNESS
INTERNATIONAL CUP**

INSPECTION REPORT



BUDAPEST, HUNGARY

October 13th - 15th, 2017

WELCOME

The Organizing Committee of the Hungarian Bodybuilding & Fitness Federation extends a warm welcome to all IFBB/EBFF National Federations to participate in the 2017 IFBB European Children Fitness Championship and Hungarian Fitness and Bikini Fitness International Cup to be held in Budapest, Hungary, October 13-15, 2017.

ABOUT BUDAPEST



The phrase „Central European” is not nearly a geographical definition; it refers to the fact that the Hungarian capital, Budapest, is more than just a capital of a small country with 10.5 million inhabitants. It is also the product of a larger area, of a particular European region: Central Europe. Located in central Europe’s Carpatian basin, Hungary has been the link in the chain connecting east and west for thousands of years. The ancestors of Hungarians, or Magyars, lived in the Ural Mountains. They had close linguistic ties with other Finno-Ugrian peoples and shared certain anthropological and cultural traits with the Turks.

Budapest’s most important attraction is the world-famous Buda-Castle on the west side of the Danube (granted UNESCO World Heritage Status in 1987). Budapest is

the „City of Festivals”; several major cultural events are held in and around the city every year. There are over 90 major museums in the region; local history collections, regional architecture and small village museums provide additional perspectives on civilization in the area. The museums with internationally-renowned collections include: the Museum of Applied Arts, the Museum of Fine Arts, the National Museum, the National Gallery, and the Ludwig Museum in Budapest. It is definitely worth mentioning the Synagogue on Budapest’s Dohány Street because it is the largest synagogue in Europe and the second largest in the world. The Jewish Museum around the corner has a unique collection of traditional Jewish artifacts.

Budapest is visited by over 4 million tourists per year. Both the hotel and the venue site will be near the city center. They are only 200 meters far from each other.

We advise everybody to go for discovery trip – Budapest by night is fascinating.

<http://www.youtube.com/watch?v=e0wkokaybWA>

OFFICIAL HOTEL

Hotel Budapest ****

47. Szilágyi Erzsébet fasor, 1026 Budapest, Hungary

The high-rise circular building full of windows was considered an architectural oddball, and so in time became one of the symbols of Budapest and a favourite with visitors. With its 15 stories and 64 metres in height, it’s still the tallest hotel in the country. From its higher floors, you get a breathtaking panoramic view of the various landmarks of the Buda and Pest sides of the city.

The buses or trams stopping in front of the hotel will take you to the M2 metro in Széll Kálmán Square in a few minutes, and also to many nice place in Buda, without having to change. The cog-wheel railway, a major tourist attraction in itself, stops right opposite the hotel, offering easy access to the Buda hills.

Those arriving by car or coach can park their vehicle in the car park in front of the hotel.



IMPORTANT NOTICE

Only the Organizing Committee is authorized to arrange hotel reservations, including accommodations before the Official Arrival Date, after the Official Departure Date and during the Championships, for all Official Participants (Athletes and Delegates), extra delegates, supporters, media and others.

ACCOMMODATION

The Organizer will provide free-of-charge accommodations and three meals per day, starting with dinner on Friday, October 13 and finishing with breakfast on Sunday, October 15, 2017 for:

- Three (3) children athletes from each National Federation.

The Official Arrival Date is Friday, October 13, 2017.

The Official Departure Date is Sunday, October 15, 2017.

IMPORTANT NOTICE

All National Team Official Participants (athletes, delegates) must check in BEFORE the start of Technical Meeting (October 13, 2017, 17:00 hrs.). Any Official Participant not checked in by this deadline will be classified as an extra delegate and will be responsible for all of his or her own expenses.

**All delegates, judges, coaches or trainer will be responsible for all of their own expenses. The same rule applies for family members.
NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES.**

SPECIAL PACKAGES

SPECIAL PACKAGE RATES FOR OFFICIAL DELEGATES, EXTRA DELEGATES, SUPPORTERS, MEDIA AND OTHERS

The Organizing Committee has established a **Full Special Package Rate**, which includes two (2) nights accommodations with three (3) meals per day (breakfast, lunch and dinner), tickets to the Prejudging and Finals, tickets to the Farewell Banquet at a cost of **EUR 200 per person in a double-bedded room or in a triple-bedded room.**

Package for additional competitors is EUR 200 (which includes participation fee of EUR 50).

The Organizer has also established **Partial Special Package Rates** as follows:

1. **Partial Special Package Rate**, which includes tickets to the Prejudging and Finals, tickets to the Farewell Banquet at a cost of **EUR 50 per person**.

IMPORTANT NOTICE: anybody wishes to have a Partial Special Package must inform the Organizing Committee latest till September 20th, 2017.

For more information, please contact the Organizing Committee.

VENUE SITE

Kőrösi Csoma Sándor Kőbányai Kulturális Központ
H-1105 Budapest, Szent László tér 7.



HOTEL SECURITY DEPOSIT

A hotel security deposit of **EUR 50 per person** is required upon check-in for incidental and personal expenses that may arise (telephone, mini-bar, laundry, room service, etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted. In order to facilitate matters, the chief delegate or team leader will be asked to provide a credit card or cash to cover the deposit for the entire team. This individual will be fully responsible for any and all expenses incurred by any members of his or her team.

PLEASE ADVISE YOUR TEAM BEFORE DEPARTURE NOT TO CREATE ADDITIONAL EXPENSES.

AIRPORT

The official arrival airport is the Liszt Ferenc International Airport in Budapest. The Organizing Committee will pick you up at the airport on arrival and transport you to the Official Hotel. The organizer shall arrange the transportation between the airport and the hotel on Friday, October 13th, 2017 for EUR 10 per person and the transportation between the hotel and the airport on Sunday, October 15th, 2017, for EUR 10 per person, based on the stated times of arrivals and departures.

Please notify the Organizing Committee the details of your arrival time no later than 14 days before the Championships, so that suitable transportation can be arranged for your National Team members.

It is very important that every National Federation provides the Organizing Committee with complete arrival details of its team, including the number of people in its delegation.

Your cooperation is essential to ensuring adequate transportation for your team.

EARLY ARRIVALS / LATE DEPARTURES

Any National Federation, including any of its individual team members, arriving before the **Official Arrival Date of October 13, 2017** and/or staying on after the **Official Departure Date of October 15, 2017** will be responsible for all of their own expenses, including arranging their own transportation between the airport and the hotel. Accommodations before the Official Arrival Date and after the Official Departure Date will be approximately **EUR 80** per day for a twin-bedded room with breakfast and dinner. You must notify the Organizing Committee of any early arrivals and/or late departures **not later than September 20, 2017**.

IMPORTANT NOTICE

Any National Federation team members arriving before the Official Arrival Date of October 13, 2017 and/or staying on after the Official Departure Date of October 15, 2017 will be responsible for their own transportation.

VISAS

A valid passport is required to enter the territory of the European Union. EU-country citizens do not require a visa. All other persons should consult the Hungarian Embassy in their country to determine if they require a visa. An Official Letter of Invitation will be made available if required.

CATEGORIES OPEN FOR COMPETITION

EUROPEAN CHILDREN FITNESS CHAMPIONSHIPS

FITNESS GIRLS	
Class A	up to and incl. 7 years of age
Class B	8 years of age
Class C	9 years of age
Class D	10 years of age
Class E	11 years of age
Class F	12 years of age
Class G	13 years of age
Class H	14-15 years of age

FITNESS BOYS	
Class A	up to and incl. 7 years of age
Class B	8-9 years of age
Class C	10-11 years of age
Class D	12-13 years of age
Class E	14-15 years of age

If less than 6 competitors in a category, categories may be combined.

Children compete in their own category during the whole year (until the 31st of December) in which they reach upper age limit of their category.

Maximum duration of the routine for all categories is 90 seconds. This is a one-day contest and will be scored according to the IFBB Rules for such an event.

Note: According to the IFBB Rules for children fitness

Skin correction using oil or color is prohibited at the competition of children!

The use of self-tuning products is permitted. Bronzers are not permitted.

Compulsory attire for quarter turns rounds:

- Girls: black top bra and black tight shorts without shoes.
- Boys: black tight shorts without shoes.

Detailed information in IFBB Rules: Section 10: Children Fitness, Art. 6.

Team Competition: every nation can form team of 3-6 members from among their children competitors, who can perform a kind of show exercise with a two-minute music.

HUNGARIAN FITNESS AND BIKINI FITNESS INTERNATIONAL CUP:

- Women's Fitness: one open category
- Women's Bikini-Fitness: up to 166 cm
- Women's Bikini-Fitness: over 166 cm

PARTICIPATION AND REGISTRATION FEE

EUROPEAN CHILDREN FITNESS CHAMPIONSHIPS

Participation: the Championships is open for all EBFF-affiliated National Federations from Europe. Each eligible National Federation may enter an A-Team (limited) and a B-Team (unlimited). Registration of athletes will only be considered if they are

nominated by their IFBB-affiliated National Federation by sending the Final Entry Form with their names.

A-Team

- Each IFBB-affiliated National Federation may enter an A-Team. The maximum allowable number of competitors in the A-Team is 13 (8 girls and 5 boys).

A maximum allowable number of A-Team competitors per National Federation in any one individual category shall not exceed two (2).

- The Organizer will provide free-of-charge accommodation, meals, and access to the Prejudging, Finals and Farewell Banquet for 3 (three) of the A-Team competitors. National Federation shall pay an IFBB Registration Fee (EUR 50 per person) for each of these three A-Team competitors.

- Official delegates (max. 2 persons), extra delegates (unlimited) and additional A-Team competitors (max. 10 athletes) will have to pay EUR 200 per person for the Special Package, what includes the IFBB Registration Fee. It should be paid at the Registration.

- The A-Team competitors shall compete for placings and awards, including the Best National Team award.

- A National Federation must fully declare its A-Team competitors on the Final Entry Form and must register the A-Team competitors upon check-in the official hotel, failing which any undeclared competitor shall be responsible for all his or her expenses.

B-Team

- Each National Federation may enter a B-Team, which is unlimited.

- The National Federation shall be obliged to pay the Full Package Rate of EUR 200 for each B-Team competitor. This package shall comprise the competitor accommodation, meals, onsite transportation, and access for Prejudging, Finals and Farewell Banquet and includes the IFBB Registration Fee. It should be paid at the Registration.

- The B-Team competitors shall compete for placings and awards, excluding the Best National Team award.

- A National Federation must fully declare its B-Team competitors on the Final Entry Form and must register the B-Team competitors upon check-in the official hotel, failing which any undeclared competitor shall be disqualified.

INTERNATIONAL CUP

Participation: the Cup is open for IFBB-affiliated National Federations from Europe (EBFF members). Each National Federation may enter an A-Team (limited) and a B-Team (unlimited). Registration of athletes will only be considered if they are nominated by their EBFF-affiliated National Federation by sending the Final Entry Form with their names.

A-Team

- Each EBFF-affiliated National Federation may enter an A-Team. The maximum allowable number of competitors in the A-Team is 3 (three). A maximum allowable number of A-Team competitors per National Federation in any one individual category shall not exceed two (2).
- Every A-Team athlete and delegate coming to participate in the International Cup will have to pay the Special Package Rate of EUR 200. This package shall comprise the competitor accommodation, meals, onsite transportation, and access for Prejudging, Finals and Farewell Banquet and includes the IFBB Registration Fee. It should be paid at the Registration.
- The A-Team competitors shall compete for placings and awards, including the Best National Team award.
- A National Federation must fully declare its A-Team competitors on the Final Entry Form and must register the A-Team competitors upon check-in the official hotel, failing which any undeclared competitor shall be responsible for all his or her expenses.

B-Team

- Each National Federation may enter a B-Team, which is unlimited.
- Every B-Team athlete and extra delegates coming to participate in the International Cup will have to pay the Special Package Rate of EUR 200. This package shall comprise the competitor accommodation, meals, onsite transportation, and access for Prejudging, Finals and Farewell Banquet and includes the IFBB Registration Fee. It should be paid at the Registration.
- The B-Team competitors shall compete for placings and awards, excluding the Best National Team award.
- A National Federation must fully declare its B-Team competitors on the Final Entry Form and must register the B-Team competitors upon check-in the official hotel, failing which any undeclared competitor shall be disqualified.

All International Cup participants must possess a valid IFBB International Card. If not, they should pay EUR 30 annual fee or buy a new Card.

ATHLETES WITHOUT DELEGATES

All Athletes competing at the **IFBB International Cup** must be Members in Good Standing of their National Federations. All athletes must be nominated by their National Federation by sending the Final Entry Form with their names.

DOPING CONTROL

Doping controls of the IFBB International Cup participants will be conducted by the IFBB Medical Commission pursuant to the *IFBB Anti-Doping Rules* (2015 edition) using a WADA accredited laboratory.

In order to compete in this event, all the International Cup competitors will be required to sign a *Doping Control Consent & Waiver of Liability Form* at the Registration.

IMPORTANT NOTICE

Doping controls may be conducted using any or all of the following methods:

- 1. *Random Selection:* A number of athletes selected at random throughout the event e.g. at Weigh-in or Prejudging.**
- 2. *Weighted Selection:* A number of athletes selected at random from among the top finalists e.g. at Finals**

****The IFBB reserves the right to Target Test any athlete***

The IFBB is a Signatory to the WADA Code. Participating National Federations have a duty and an obligation to ensure that their National Team athletes are competing drug-free at IFBB international competitions.

SECRETARIAT

The Organizing Committee will maintain a Secretariat at the Official Hotel, from 12:00 (noon) October 13, 2017 to 11:00 October 15, 2017. You may obtain information and assistance from the Secretariat.

PASSPORT/MUSIC

All competitors must provide their PASSPORT and MUSIC at weigh in/height measurement, failing which the competitor will not be registered. The music must be on CD, at the start of the CD. The Athletes's name must be affixed on the CD for identification purposes.

IMPORTANT NOTICE

The use of profane, vulgar and/or offensive language is strictly prohibited in the music.

NATIONAL ANTHEM/NATIONAL FLAG

All National Federations must bring with them to Budapest the music of their National Anthem (**shortened version only**) on CD. This must be on a separate CD to any posing music. All National Federations shall bring with them to Budapest their

National Flag. The flags must be manufactured of dense silk and must measure no more than 2.5 meters x 1.5 meters.

**Note: For all European National Federations, the EBFF already has a copy of all National Anthems on CD.*

PARADE OF NATIONS

The dress code for all Delegates and/or officials taking part in the Parade of Nations is the IFBB official uniform. One (1) delegate per country must take part in the Parade of Nations.

JUDGES

To be taken into consideration during selection of judges panels at the Championships, IFBB International Judges **must be included in the Final Entry Forms** sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

IMPOTANT NOTICE

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2017. This fee may also be paid at the Championships in Budapest.

All judges must be present at the Team Managers and Judges Meeting. Any judge absent at this Meeting, will not be allowed to judge at these Championships.

If any of the above conditions hasn't been met, judges will be unable to carry out their duties at the Championships.

MEDIA ACCREDITATION

All media accreditation, accept local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an IFBB Media Accreditation Form, said form which must be remitted to the IFBB by e-mail at info@ifbb.com **not later than September 15, 2017.**

COMPETITOR INFORMATION FORM

This form must be completed by each competitor BEFORE the weigh-in/height measurement and must be given to the IFBB Registration at the weigh-in/height measurement. This information is used to promote the competitor in the press, on TV, the website and other media.

GREEN CARDS

Green cards, used to limit access to the Weigh-in and backstage area during the Prejudging and Finals, will be distributed at the Technical and Judges Meeting as follows:

five (5) or more competitors - two (2) green cards
less than five (5) competitors - one (1) green card

IF A NATIONAL FEDERATION DOES NOT ATTEND THE TECHNICAL AND JUDGES MEETING, IT WILL NOT BE ISSUED A GREEN CARD.

BACKSTAGE ACCESS/DRESSING ROOM ACCESS

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

CAMERA/VIDEOTAPE EQUIPMENT

Camera and/or videotape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by IFBB-authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

TIME DIFFERENCE

UTC + 2 hour (summer time), GMT + 1 hour

CURRENCY

The national currency in Hungary is the Hungarian Forint. One Euro is approximately equal to 315 Forint (one USD is approximately equal to 270 Forint) but the rates can fluctuate. All major credit cards are widely accepted at most major hotels, department stores and restaurants. You may be requested to show your passport.

CLIMATE

During the month of October the average temperature is +13°C, eventual rain.

ELECTRICAL CURRENT

The electrical outlets are 220 V, 50 Hz, socket/plug of Type C (europlug).

LANGUAGE

The official language in Budapest is Hungarian. English is widely spoken in hotels, restaurants, shopping centers and tourist areas.

FAILURE TO HONOR FINAL ENTRY FORM DEADLINE

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championship activities. A failure to respect these deadlines is a breach of *IFBB Rules*. The IFBB reserves the right to deny participation to any National Federation that does not respect the deadlines for submitting the Final Entry Form.

If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet.

MISREPRESENTATION

Misrepresentation is a serious breach of the *IFBB Code of Ethics* and occurs when an "official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, access to the Prejudging, Finals and Farewell Banquet, and other amenities at the expense of the Organizer.

Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the Weigh-in or, once having officially registered, fail to compete.

Any National Federation found guilty of misrepresentation will be immediately disqualified from the Championships and will be fined an amount equal to the Special Package Rate for each person involved.

MEDICAL WITHDRAWAL

Once officially registered, no Athlete may withdraw from competition without the prior approval of the IFBB Chief Judge. It is not acceptable for a National Federation to unilaterally withdraw an Athlete without the prior approval of the IFBB Chief Judge, who has the right to verify the reason for the withdrawal.

Any National Federation that fails to seek the prior approval of the IFBB Chief Judge before withdrawing an Athlete shall, for that Athlete's non-participation, be fined an amount equal to the Special Package Rate.

FAILURE TO COOPERATE

Failure to cooperate with the Organizing Committee is contrary to the *IFBB Code of Ethics* and may result in disciplinary measures being taken by the IFBB against the offending National Federation.

CORRESPONDENCE/CONTACT INFORMATION

<p><u>Please send your Entry Forms to:</u></p> <p>Organizing Committee office: Hungarian Federation General Secretary Ms. Viola Vargha Phone: +36 30 960 81 86 E-mail: ifbb.huber@gmail.com</p> <p><i>and:</i> IFBB Technical Committee: Eng. Andrew Michalak E-mail: amichalak5@gmail.com</p>	<p><u>Please Send a copy to:</u></p> <p>IFBB Head Office: Ms. Diana Mozos E-mail: info@ifbb.com</p>
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TENTATIVE SCHEDULE OF ACTIVITIES

The following schedule of activities is tentative and is therefore subject to change. Please check regularly for updates:

October 13th, Friday:

12:00-17:00: Arrival of National Teams
15:00-18:00: Registration
18:15 Technical and Judges Meeting
19:00-21:00: Dinner

October 14th, Saturday:

07:00 - 09:00: Breakfast
09:30 - 18:00: European Children Fitness Championships
12:00 - 14:00: Lunch at the venue site
18:00 - 19:00: Hungarian Fitness and Bikini Fitness International Cup
20:30 - 22:00: Dinner, Farewell Banquet

October 15th, Sunday:

07:00 – 10:00: Breakfast
Up to 11:00: Departures

PRELIMINARY ENTRY FORM

The deadline date for the Preliminary Entry Form is **September 5th, 2017**. National Federations must return the Preliminary Entry Form to the Organizing Committee as soon as possible but not later than deadline date, confirming your Federation's intent to participate. If at this time you do not know the actual names of the Official

Participants (Athletes and Delegates, including judges), please indicate the total number of individuals from your National Federation who will participate in the Championships.

FINAL ENTRY FORM

The deadline date for the Final Entry Form is **October 2nd, 2017**. National Federations must submit the actual names of all Official Participants (Athletes by age category and Delegates, including judges). You must also include flight arrival and departure information. In order to guarantee hotel accommodations for your team, the Final Entry Form must be returned not later than the deadline date. Your co-operation is essential to ensuring your accommodations at the hotel and adequate transportation for your team.

[FINAL ENTRY FORM](#)

It is the responsibility of the president or general-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report.

If any of your athletes and/or delegates are traveling and arriving separate from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.