

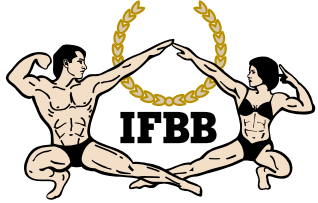
**24 IFBB ELITE
PRO CARDS**



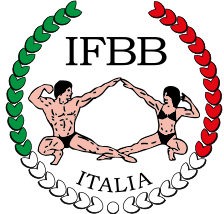
DIAMOND CUP MILANO 2017

INSPECTION REPORT

**NOVEMBER 24-25 , 2017
MILANO | ITALY**



INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS





**NOVEMBER 24-25, 2017
ATAHOTEL EXPO FIERA | MILANO, ITALY**



CATEGORIES

MEN'S BODYBUILDING CLASSIC **3 PRO CARD FOR OVERALL**

WOMEN'S BODYFITNESS **3 PRO CARD FOR OVERALL**

MEN'S BODYBUILDING **3 PRO CARD FOR OVERALL**

WOMEN'S BIKINI-FITNESS **3 PRO CARD FOR OVERALL**

MEN'S PHYSIQUE **3 PRO CARD FOR OVERALL**

WOMEN'S PHYSIQUE **3 PRO CARD FOR OVERALL**

MUSCULAR MEN'S PHYSIQUE **3 PRO CARD FOR OVERALL**

WOMEN'S WELLNESS FITNESS **3 PRO CARD FOR OVERALL**





WELCOME

The **DIAMOND CUP MILANO** will be held in Milano at the end of November 2017

All athletes from all IFBB-affiliated national federations in the World are eligible to compete in the **DIAMOND CUP MILANO**.



LOCATION

The **DIAMOND CUP MILANO** will be held in MILANO, the financial and fashion capital of Italy.

MILANO, with 1,5 million residents, is one of the most beautiful cities in the world with unique and unforgettable atmosphere.



VENUE

ATAHOTEL EXPO FIERA is the answer to the question "where to stay in Milan?" thanks to its surprising offer. 450 luxury rooms, including Corner Suite, Deluxe, Executive and Superior rooms and 77 spacious and bright apartments in Residence formula, soundproofed and equipped with every comfort, some with terrace. A fitness center with relaxation area, spaces designed to give comfort and vitality to the guests.

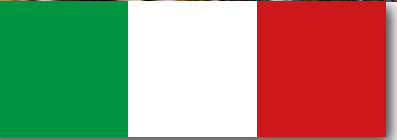


HOW TO GET THERE

The Hotel is very easy to reach: it is located just 700 meters from the nearest **subway station** Molino Dorino (Red Line), which is connected with a free shuttle service (available from 7.00 to 14.00 and from 17.00 to 24.00), while if you want to travel. **By car**, take the Pero Sud exit on the SP11 "Gallaratese" Milano-Novara (Tangenziale Ovest), from which you can quickly reach both the center of Milan and the main highways (A7 and A8).



For reservation, please contact ATAHOTEL EXPO FIERA – **Via Giovanni Keplero 12 – Pero (MI)**
Tel. +39 02 6982 6982 – mice.expofiera@atahotels.it



PARTICIPATION & REGISTRATION

THE COMPETITION IS OPEN FOR THE IFBB-AFFILIATED NATIONAL FEDERATIONS. PARTICIPATION OF ATHLETES IS UNLIMITED.

THE OFFICIAL ATHLETES REGISTRATION WILL BE FRIDAY 24 NOVEMBER.

Official Athlete Registration will be conducted on **Friday the 21st November 2017** between **10 am to 8 pm, ATAHOTEL EXPO FIERA**, Via Giovanni Keplero, 12 - 20016 Pero (MI).

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form via email directly to the IFBB Technical Committee (amichalak5@gmail.com), copy to the IFBB Head Office in Madrid (info@ifbb.com) and to the Organizing Committee: ifbbitaly@gmail.com with passport-sized photos for accreditation!

All athletes will have to produce their Passports or Identity Cards and IFBB International Cards at the Official Registration.

Any athlete who has not yet obtained the IFBB International Card or need to renew his/her Card will have to do it at the Registration. **IFBB International Cards** are **€ 30** per year and it's mandatory.

All posing music with 60 seconds for bodybuilding and women's physique competitors must be on an audio CD or USB disc only. The posing music must be the only track on CD or USB disc. Each competitor must affix his name on the CD for an easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

Please be aware that it is **FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION** to verify if each one of the athletes to be registered on this international event are **NOT** suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level. Be also aware that if any athlete from your National Federation register and compete being suspended due to an Anti-Doping Rule Violation, both the athlete and the National Federation will be subject to sanctions according to the World Anti-Doping Code, the IFBB Anti-Doping Rules and the IFBB Constitution and Rules.

It is also the **FULL OBLIGATION AND RESPONSIBILITY** of your National Federation to **MONITOR ALL THE ATHLETES** from your country affiliated to your National Federation who are actually fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes **WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY** in any event either at National or International level, Official or Invitational.



PARTICIPATION & REGISTRATION

REGISTRATION FEE

The IFBB registration fees are as follows:

Registration fee for each Category is € 200. For juniors and masters wishing to compete in the second (open) category the **additional fee of € 100** will be charged.

Fees have to be paid in advance by credit/debit card or PayPal at IFBB webpage:

<http://www.ifbb.com/competition-registration>

for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration. **If paying at the Registration an extra fee of € 50 per participant will be charged.**

VISA

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendants visas.

To receive invitation letter, the applicant should forward to the IFBB or Championship organizer a copy (scan) of his/her passport. If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, included in an official National Federation Team, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

Citizens of over 60 countries also don't need a visa. Detailed information at:

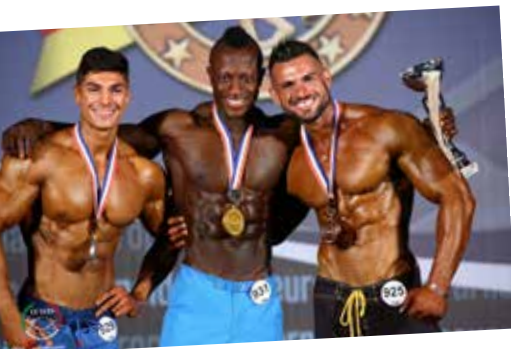
<https://www.schengenvisainfo.com/italy-visa/>



GENERAL SCHEDULE

Registration/Accreditation will take place between 10 am and 8 pm on Friday, November 24 - ATAHOTEL EXPO FIERA.

The Competition will take place on Saturday the 25 November 2017 starting from 10 am in SALA EUROPA - ATAHOTEL EXPO FIERA.



JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National federations, according to the IFBB Rules. For more information, please contact **Mr. Pawel Filleborn**, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges and test-judges must bring their International Judge's Cards to Prague. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of € 50 paid for 2017.

All judges and test judges must be present at the Team Managers and Judges Meeting. Any judge absents at this Meeting, will not be allowed to judge at these Championships. If any of the above conditions hasn't been met, judges will be unable to carry out their duties.

Judges Meeting and Team Managers will take place at 5 pm on Friday, November 24 – ATAHOTEL EXPO FIERA.



IMPORTANT INFORMATION

All the costs for travel, hotel accommodations, local transportation including airport transfers, as well as board (meals) are the responsibilities of the National Federations or individual athletes. Check with your National Federation for more information.

CURRENCY: EURO

ELECTRIC CURRENT: 220 V, Plugs and sockets of type L

TANNING: IFBB has banned all tans that can be wiped off. An official will check athlete's tan backstage and if the tan comes off by simple wiping, the athlete will be told to remove the tan before going on stage.

BACKSTAGE ACCESS

Access to the **backstage** and/or dressing room areas shall be strictly limited to essential personnel only through appropriate registration **BY PAYMENT OF € 25 EACH PERSON.**

CAMERA/VIDEO EQUIPMENT

Camera and/or video recording equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by authorized media representatives, and in any event, these devices shall be strictly prohibited in dressing room areas.

POSING MUSIC

All posing music with **60 seconds for bodybuilding** competitors and **30 seconds for women's physique** competitors must be on an audio CD or USB disc only. The posing music must be the only track on CD or USB disc. Each competitor must affix his name on the CD for an easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music .

PRESS ACCREDITATION

All media accreditation, accept local media, shall be controlled by the IFBB. Any media representatives that wish to obtain press accreditation for this event must register by sending an e-mail to ifbbitaly@gmail.com before **November 13th, 2017.**



ENTRY FORM CONTACT DETAILS

WE STRONGLY ENCOURAGE YOU TO REGISTER EARLY THROUGH YOUR NATIONAL FEDERATIONS

All Final Entry Forms should be sent no later than November 13th, 2017 to:

IFBB TECHNICAL COMMITTEE: Andrew Michalak – amichalak5@gmail.com

IFBB HEAD OFFICE: Ms. Diana Mozos – info@ifbb.com

ITALIAN FEDERATION OF BODY BUILDING: ifbbitaly@gmail.com

At the **DIAMOND CUP MILANO** only athletes who are approved and registered by their IFBB-affiliated National Federations will be allowed to compete. Entries should be made through National Federations. National Federations from all over the world are allowed to participate in these championships.





CATEGORIES

WOMEN'S CATEGORIES

WOMEN'S BIKINI FITNESS

up to 158 cm | up to 160 cm | up to 162 cm |
up to 164 cm | up to 166 cm | up to 169 cm |
over 169 cm

Junior 16–23 yrs – one Open Class

Masters Bikini – over 35 yrs. – Open Class

WOMEN'S PHYSIQUE

up to 163 cm | over 163 cm

WOMENS BODYFITNESS

up to 163 cm | up to 168 cm | over 168 cm

Masters – over 35 yrs. – Open Class

WOMEN'S WELNESS FITNESS

up to 163 cm | over 163 cm

MEN'S CATEGORIES

BODYBUILDING

up to 70 kg | up to 75 kg | up to 80 kg | up to 90 kg
up to 100 kg | over 100 kg

MEN'S PHYSIQUE

up to 170 cm | up to 173 cm | up to 176 cm |
up to 179 cm | up to 182 cm | over 182 cm

CLASSIC BODYBUILDING

up to 171 cm | up to 175 cm | up to 180 cm |
over 180 cm

Bodybuilding Junior

16–23 yrs. – one Open Class

Men's Physique Junior

16–23 yrs. – one Open Class

Men's Physique Master over 40

Open Class

Bodybuilding over 40

up to 80 kg | over 80 kg

Bodybuilding over 50

Open Class

Bodybuilding over 55

Open Class

MUSCULAR MEN'S PHYSIQUE

Open Class



IMPORTANT NOTES

ALL THE COSTS FOR TRAVEL, HOTEL ACCOMMODATIONS AND MEALS, AS WELL AS LOCAL TRANSPORTATIONS INCLUDING TRANSFERS FROM AND TO THE AIRPORT) MUST BE COVERED BY THE NATIONAL FEDERATIONS AND/OR ATHLETES THEMSELVES. NEITHER THE PROMOTER, ITS ORGANIZING COMMITTEE, NOR THE IFBB WILL BE RESPONSIBLE FOR ANY RESERVATION OR PAYMENT FOR THE HOTEL ACCOMMODATIONS, LOGISTICAL ARRANGEMENTS, MEALS, OR ANY OTHER COSTS TO BE BORN BY THE EVENT'S PARTICIPANTS.

The IFBB ITALIA PROMOTER of the **DIAMOND CUP MILANO** event in MILANO, ITALY, will not accept any direct registration from athletes, as these must be processed by their respective national IFBB federations.

Final Entry Forms from athletes will only be considered if they are sent by the National Federation of the athlete and directly to IFBB Head office in Madrid and IFBB Technical commission. The final decision to allow an athlete to compete in this event rests with the IFBB.

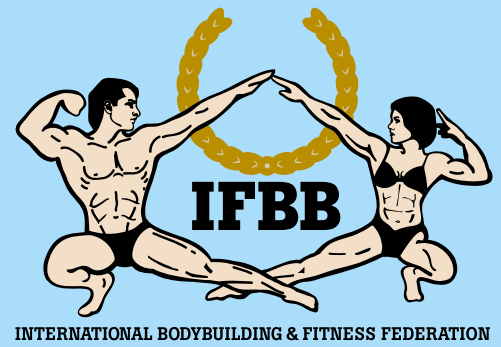
Registration fee for each Category is € 200. For juniors and masters wishing to compete in the second (open) category the additional fee of € 100 will be charged.

Fees have to be paid in advance by credit/debit card or PayPal at IFBB webpage

<http://www.ifbb.com/competition-registration>

for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration. **If paying at the Registration an extra fee of € 50 per participant will be charged.**

Bring copy of your payment confirmation to the registration.



IFBB

ELITE PRO

EVENT IFBB ELITE PRO QUALIFIER



IMPORTANT NOTES

24 IFBB ELITE PRO CARDS

PLEASE SEND ENTRY FORM BY NOVEMBER 13, 2017 (Preferably by email) TO:

IFBB Technical commission

Mr. ANDREW MICHALAK

amichalak5@gmail.com

PLEASE SEND A COPY TO:

International Federation of Bodybuilding and Fitness

MS. DIANA MOZOS

info@ifbb.com

3 PRO CARD FOR OVERALL

MEN'S BODY BUILDING

3 PRO CARD FOR OVERALL

MEN'S CLASSIC BODY BUILDING

3 PRO CARD FOR OVERALL

MEN'S PHYSIQUE

3 PRO CARD FOR OVERALL

MUSCULAR MEN'S PHYSIQUE

3 PRO CARD FOR OVERALL

WOMEN'S BIKINI

3 PRO CARD FOR OVERALL

WOMEN'S PHYSIQUE

3 PRO CARD FOR OVERALL

WOMEN'S BODY FITNESS

3 PRO CARD FOR OVERALL

WOMEN'S WELLNESS

PLEASE SEND A COPY WITH PHOTO TO:

Mr. Mondello Benedetto

ifbbitaly@gmail.com

